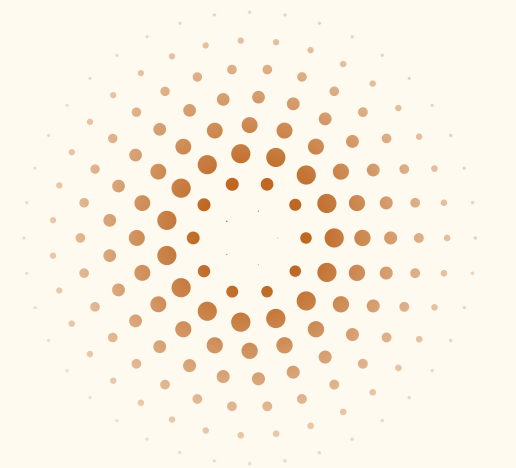
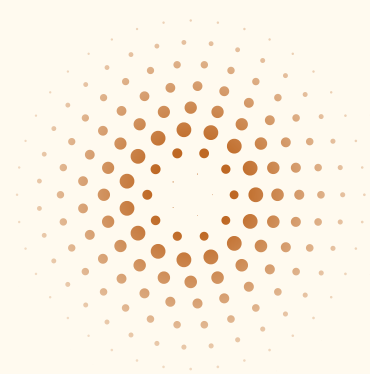




Spring 2023

EOPS/CARE & NEXTUP

Advisory Committee Meeting





AGENDA OVERVIEW

11:00 AM - 11:15 PM

COLLEGE UPDATES

11:15 AM - 12:15 PM

CARE PROGRAM UPDATES

12:15 PM - 12:35 PM

EOPS PROGRAM UPDATES

12:35 PM - 1:00 PM

NEXTUP PROGRAM UPDATES

1:00 PM - 1:30 PM

COLLABORATION LUNCH



DEAN OF STUDENT SERVICES REPORT

Koji Uesugi

Introducing
**NEW
COLLEGE
LEADERSHIP**



**Dr. Martha Garcia,
President**



**Dr. Melba Castro,
VP of Student
Services**



Student Services Division **REORGANIZATION**

01

Mt. SAC boasts a high number of student support programs

03

Division reorganization will not impact EOPS and CARE directly, but there is a departmental reorganization that Julie will announce later

02

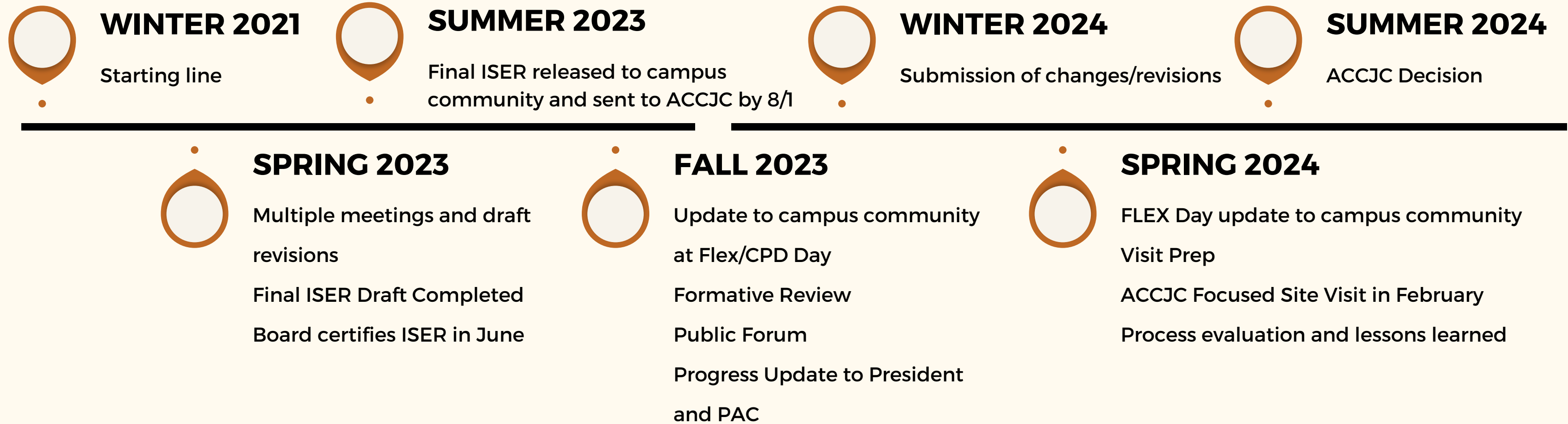
EOPS, CARE, and CalWORKs are just three of the over 20

04

Equity Programs including ARISE, El Centro, Dream, Center for Black Culture and Student Success, and First Peoples Native Center coming under Dean of Student Services Office



ACCREDITATION





**STUDENT CENTER
COMING SUMMER 2023**



COMMENCEMENT 2023

June 9, 2023

5:30 P.M. @ The Stadium

Expecting over 1,200+ graduates



CARE

Program

Love Makes A Family



Illustration



Graphics Designer

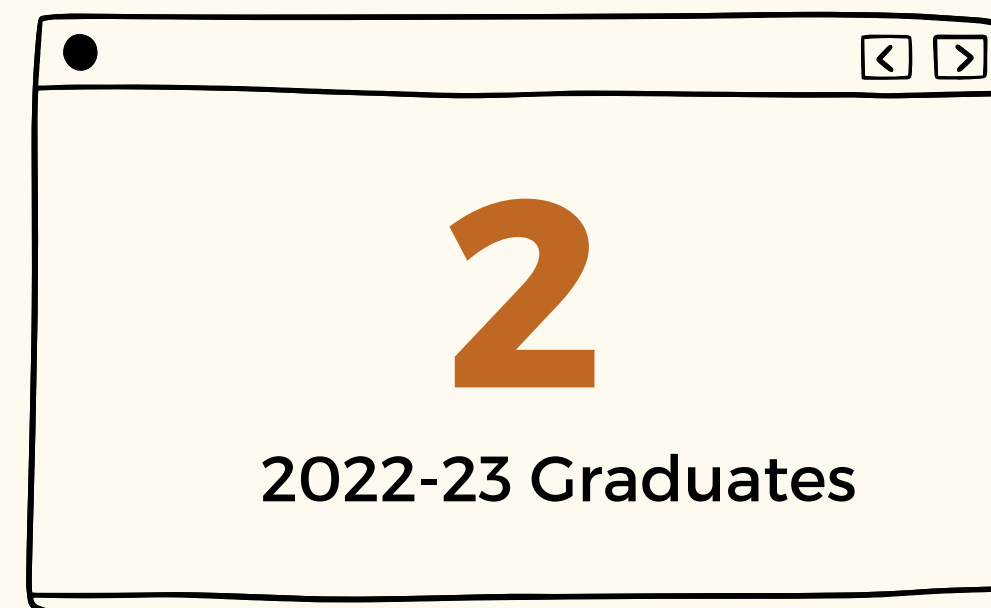
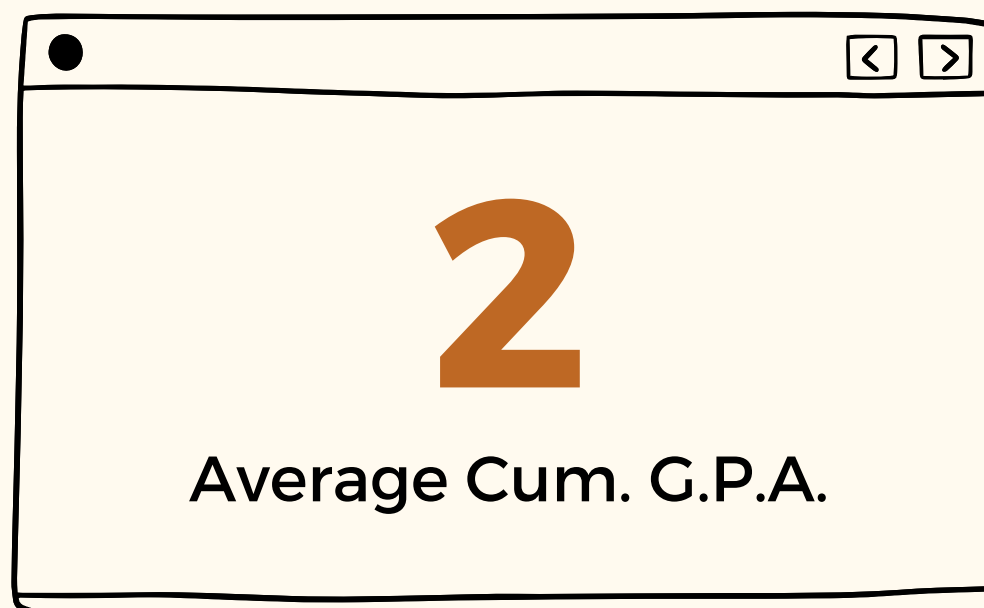
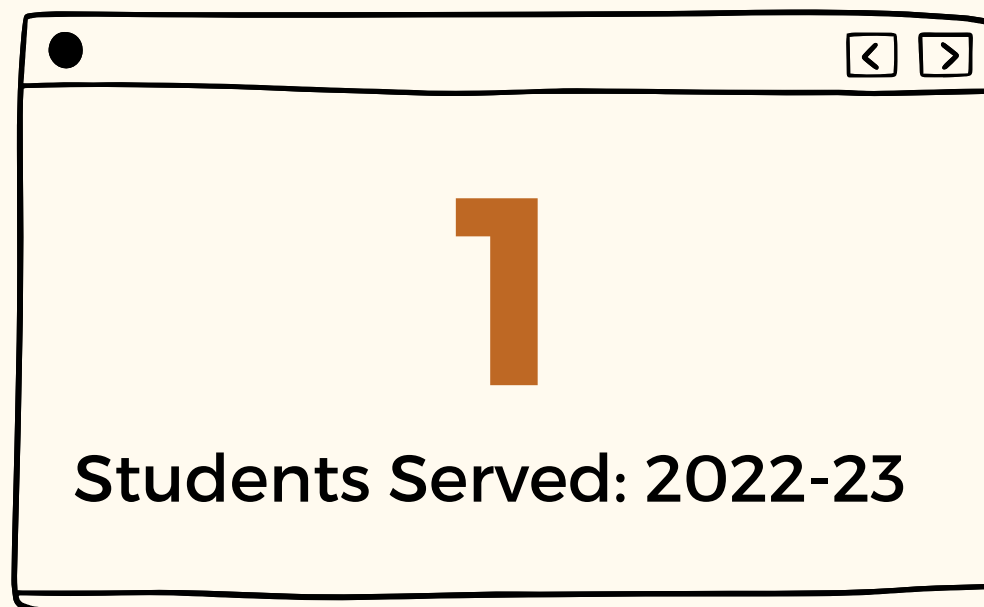


Web Designer

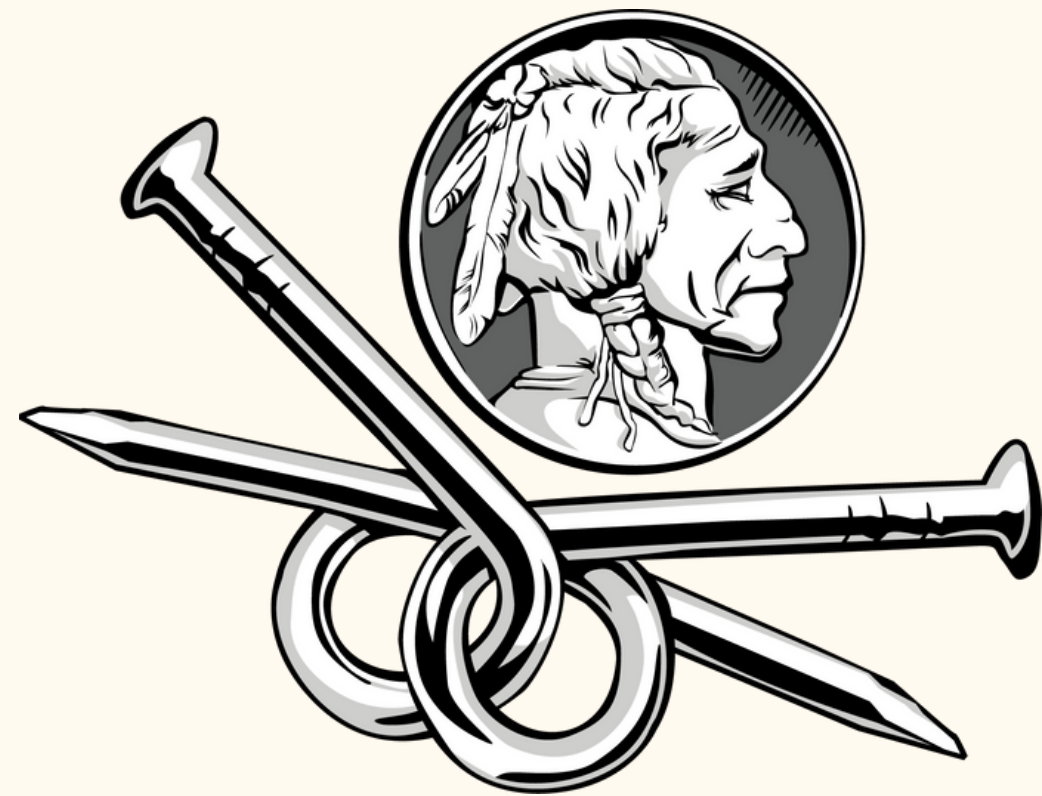


Photographer

CARE DATA



EOPS DATA



1,415

Students Served: 2022-23

89%

Registered for Spring 2023

2.93

Average Cum. G.P.A.

206

2022-23 Graduates

Spring 2023 Highlights

PARENT INSTITUTE
Mt. San Antonio College
Parent Institute

The Parent Institute is a leadership experience where student parents will have the opportunity to hear from a keynote speaker, participate in a resource fair, attend workshops, and meet other student parents.

FEB 15, 2023
8:30 AM - 3:30 PM
DTC Building 13-1700
Priority RSVP Deadline: 01/31/23

First 200 students to sign in on February 15 will receive a FREE copy of the book *Harvesting Dreams*.

Keynote: Erica Alfaro is an award-winning author and education advocate. Her story became known in 2019 when her graduation pictures went viral and made headlines around the world. She was featured in major media outlets such as CNN, The Huffington Post, and Yahoo News. Erica was a high school dropout, a teenage mother, and a victim of domestic violence who, after many adversities, managed to reinvent herself and become the woman she is today - someone who has achieved everything she thought was impossible. She is the author of *Harvesting Dreams*, which won the most inspirational young adult category for the 2022 International Latino Book Awards.

For more information or to request reasonable disability related accommodations, contact:
(909) 274-6298 | parentinstitute@mtsac.edu
This event is sponsored by Associated Students, CaWORKS, & CARE

Parent Institute
Unstoppable

JOIN EOPS/CARE PROGRAM TO CELEBRATE
National Single Parents Day!
"LOVE MAKES A FAMILY"
Tuesday, March 21, 2023
9:00 am - 1:00 pm
9C - Patio

On this day we honor individuals who raise children on their own. Most people did not plan to be single parents but through unfortunate experiences may have ended up in that situation. Take today to applaud single parents! We will host a table alongside Join A Club participants on the 9C Patio to spread awareness of the successes and challenges that single parents experience at Mt. SAC.

Tabling
Awareness:
National Single
Parents Day!

CARE PARENT CONNECT
JOURNALING & ESSENTIAL OILS
FACILITATORS: ADRIANNA PEREA & ESTRELLA ROMAN

Adrianna is currently in her first year at Mt. SAC. This has been a magical experience and opportunity for her. She is an EOPS and Rising Scholars parenting student, founding member and Vice President of Mt. SAC's We Rise Student Club. She is a mommy of a beautiful three-year-old princess. Adrianna is a licensed aesthetician completing her Associates Degree in Addictions Counseling. She is passionate about spreading positivity and uplifting messages because she has suffered from dark and negative thoughts her whole life. She has realized that it is up to her to change her inner and negative thoughts so that she can live a happy life for herself and her princess.

Estrella is currently in her first year at Mt. SAC. It has been both scary and overwhelming and she wouldn't change a thing. She is an EOPS/CARE and Rising Scholars parenting student. She is a proud single mom of two boys, one is 7 years old and the other is 15 years old. Estrella is completing her Associates Degree in Business Administration. Her goal is to transfer to a university and eventually obtain a Masters in Business Administration. Estrella finds that balance is not easy but you have to suit up and show up.

WEDNESDAY, MARCH 8TH
11:30 A.M. - 1:00 P.M. | @ 9B - RAGAN ROOM

This session will focus on centering ourselves as we begin the spring semester. Participants will engage in conversation relating to strategies to start off strong and succeed. We will engage in conversation, journaling, and create essential oils that will help relax our spirits through the semester. Lunch & supplies will be provided.

RSVP LINK:
[HTTPS://BIT.LY/3JBCBOL](https://bit.ly/3JBCBOL)

The purpose of the Parent Connect is to create an uplifting and positive space for EOPS/CARE parenting students. As a community, we will share practices that help us balance stressors come with our multiple identities as students, parents, workers, healers, caretakers, and community members.

Parent Connect:
Journaling &
Essential Oils

CARE PARENT CONNECT
BBQ & BEADING
FACILITATORS: ADRIANNA PEREA & ESTRELLA ROMAN

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WEDNESDAY, APRIL 12TH
11:30 A.M. - 1:00 P.M. | @ 9B - RAGAN ROOM

This session will help us focus as we experience midterms. Participants will engage in conversation relating to strategies to help with concentration, to reset and to refocus. We will engage in conversation, journaling, and jewelry beading that will help relax our minds. Lunch & supplies will be provided.

RSVP LINK:
[HTTPS://BIT.LY/3JBCBOL](https://bit.ly/3JBCBOL)

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Parent Connect:
BBQ & Beading

CARE PARENT CONNECT
SELF CARE & MEDITATION
FACILITATORS: TASH BUIE & ANDREA TORRES

Tash is part of multiple communities on campus. She is a Soreptist member and a 2022 Your Dream Award winner. She has held several leadership positions on campus and she is optimistic growth. Tash is a Black woman of color, is a parent to two amazing children, a caring friend to many individuals. She values the importance of embracing one's identity, recognizing the various intersecting identities. She has lived experiences with the challenges involving impostor syndrome and with the strength of her Heavenly Father, she through. She believes in Transformative Justice. Her future plans involve a vision of helping, see what goodness they can be in this life, and she will stop at nothing less. Through the Social Justice, she cannot think of anything better than a gift of empowerment.

"If you want to go fast, go alone; if you want to go far, go together" - African Proverb

Andrea has been part of the Mt. SAC community for over 20 years. First as a student, then as a Counselor/Professor and most currently in her role as a facilitator of mindfulness, meditation and breath work. She has a strong passion to create spaces where people can connect, share in some stillness, and use tools to deal with challenges in work and life and practice self-care. She is working in collaboration with Student Health Services to provide mindfulness sessions across campus. She believes in the ability of every individual to make positive changes in their life with guidance and support.

TUESDAY, APRIL 25TH
11:00 A.M. - 12:30 P.M. | @ 9B - RAGAN ROOM

This session will focus on the impostor syndrome and how to check it at the door. "Impostor syndrome, also known as impostor phenomenon or imposterism, is a psychological occurrence in which an individual doubts their skills, talents, or accomplishments and has a persistent internal fear of being exposed as a fraud." (Boehler, 2023). As parenting students we will share and discuss materials that we need to know that we belong. Lunch & Meditation will be provided.

RSVP LINK:
[HTTPS://BIT.LY/3JBCBOL](https://bit.ly/3JBCBOL)

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Parent Connect:
Self CARE &
Meditation

CARE PARENT CONNECT
SELF CARE FACIALS
FACILITATORS: ADRIANNA PEREA & ESTRELLA ROMAN

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WEDNESDAY, MAY 31ST
11:00 A.M. - 1:00 P.M. | @ 9C STAGE

This session is a practice of self-love and self-care. It is a celebration that we made it through this week and we should be proud of ourselves and our success and we deserve to be recognized. We will engage in conversation, journaling, and pampering through facial treatments. Space is limited. Lunch & supplies will be provided.

RSVP LINK:
[HTTPS://BIT.LY/3JBCBOL](https://bit.ly/3JBCBOL)

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Parent Connect:
Self CARE Facials

Spring 2023 Highlights

THANK YOU TO OUR STUDENT FACILITATORS

You are invited to:

CARE Family Gatherings



Wed 5 April	5:00 pm - 7:00 pm Bldg. 10 Founders Hall
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Dani is a second year Communications major and a Honors student at Mt. SAC. She is a low-income, non-traditional, and a single parent of five, four by birth and one by choice. Dani participates in community activities and policy reform on campus as an Associated Student Senator, Chair & Campus Community Senator. She serves as a peer mentor for the Trio program and Rising Scholars program. She also represents Mt. SAC in the Forensic Speech and Debate team and is a member of the Alpha Gamma Sigma Honors Society. Outside of Mt. SAC, Dani is a community navigator and FM Radio DJ in downtown Los Angeles. She curates and hosts shows and events to showcase and highlight the rich community and culture she is proud to represent and belong to.


Register:
<https://bit.ly/3TiRvAt>

At Mt. SAC, we want to create family dinners to help our students succeed academically by inviting their families to be a part of their academic journey by providing them with meals and fun activities.

April Family Gatherings

You are invited to:

CARE Family Gatherings



Wed 3 May	12:00 - 1:30 pm Mt. SAC Café 91 Bldg. 78, 1st floor
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Register:
<https://bit.ly/3TiRvAt>

At Mt. SAC, we want to create family dinners to help our students succeed academically by inviting their families to be a part of their academic journey by providing them with meals and fun activities.

May Family Gatherings

You are invited to:

CARE Family Gatherings



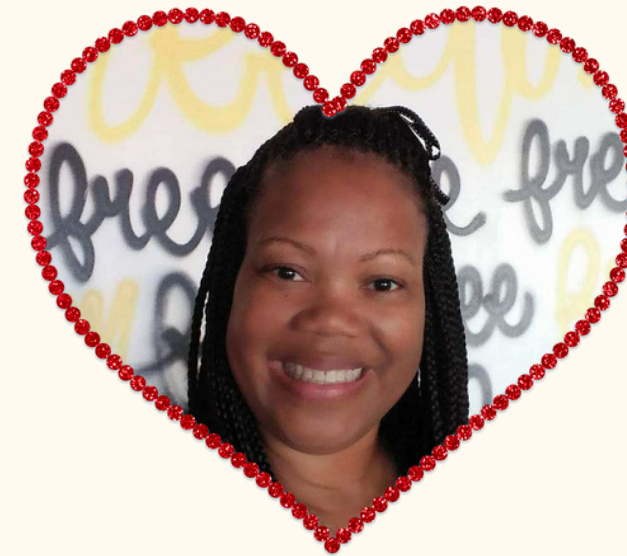
Wed 7 June	11:30 am - 12:30 pm Bldg. 9B EOPS/CARE Office
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May Family Gatherings





NEW EOPS/CARE/NEXTUP & REACH APPLICATION

Students can now apply for our programs in
just 5 minutes!



EOPS/CARE/NextUp & Guardian Scholars Application

EOPS would like to congratulate you for taking the steps to get additional support to help you succeed at Mt. SAC. While we aspire to serve as many Mt. SAC students as possible, EOPS program regulations require that the students we serve meet the following criteria:

1. Be enrolled in a minimum of 12 units;
2. Qualify to receive the College Promise Grant (formerly known as the Board of Governors Fee Waiver (BOGW) under method A, B, or C with a \$0 Expected Family Contribution (EFC));
3. Be a California resident or qualify as a California Dream Act Student;
4. Have earned fewer than 40 degree applicable units with a 2.00 GPA; and
5. Meet with an EOPS Counselor three times each semester while enrolled in the program.

If you are a current/former foster you, you may not have to meet the criteria above. Please submit your application in order for our NextUp/Guardian Scholars staff to review your eligibility.

fun and educational TRIPS



MUSEUM OF TOLERANCE



CORTEO



CSULB



UCLA

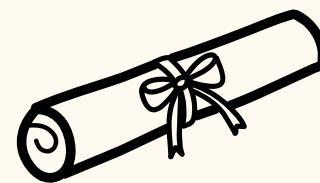


Introducing...

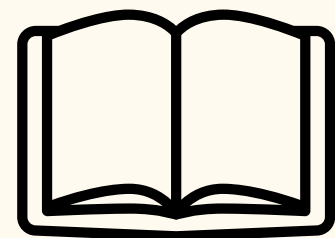
**NEXT
UP**



The NextUp program, formerly known as Cooperating Agencies Foster Youth Educational Support (CAFYES), began legally operating in January 2016 after the Board of Governors selected 10 districts to implement NextUp and became a part of Education Code 79220 - 79229 in 2014.



NextUp was created to support foster youth students seeking to further their educational career in California's Community College system by providing "over, above, and in addition to" services and support including more intensive care and academic support



Recent Education Code changes include student eligibility requirements and additional funds to expand services and support to 115 colleges in 2022.

NextUp students are EOPS students too!

Criteria for...



01

Age Requirement

Be under the age of 26 at the commencement of the academic year in which the student first enrolls in the program

02

Foster Youth Status

Be a current or former foster youth, who was in care on or after the youth's 13th birthday

NextUp students are EOPS students too!



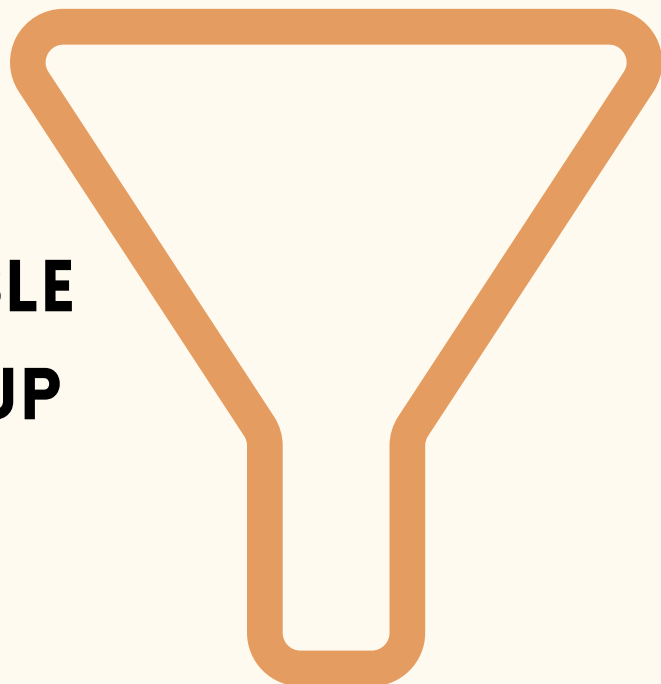
*Where are we at?
Where are we going?*



250

IDENTIFIED FOSTER YOUTH @ MT. SAC

**104 ELIGIBLE
FOR NEXTUP**



**50 COMPLETED STEPS TO
PARTICIPATE IN NEXTUP**



- **RECRUIT, RECRUIT, RECRUIT!**
-

Phase 1



NEXTUP

The NextUp Program may provide services, and direct financial support, to enrolled students who meet all eligibility requirements but whose courses have not commenced yet, and who have completed the required matriculation activities, if services are necessary to enable the student to be successful upon the commencement of the academic term.



February 2023

State Chancellor's Office awards, Mt. SAC
1.52 million for 2022-23

March 2023

100+ students are identified as being eligible.

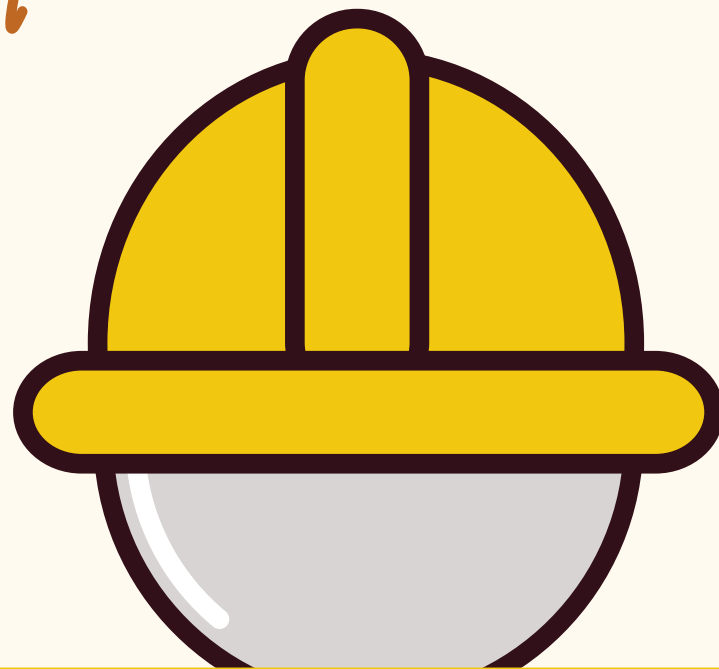
April 2023

State training is offered on the
implementation of NextUp

May 2023

Potential NextUp students complete EOPS
application.

Phase 2



Summer 2023

- Continue the process for hiring a Full-Time Tenure Track NextUP/REACH Counselor
- REACH/GS reconfigured to NextUp/REACH
- One collective effort to serve foster youth.
- Begin to carry out roll out plan
- Create new marketing materials for the programs,

August 2023

- Staff, Faculty, and Administrators of EOPS/CARE, NextUp/REACH come together to kick off Fall 2023 on the same page.

Fall 2023

- Full Implementation of NextUp/REACH begins

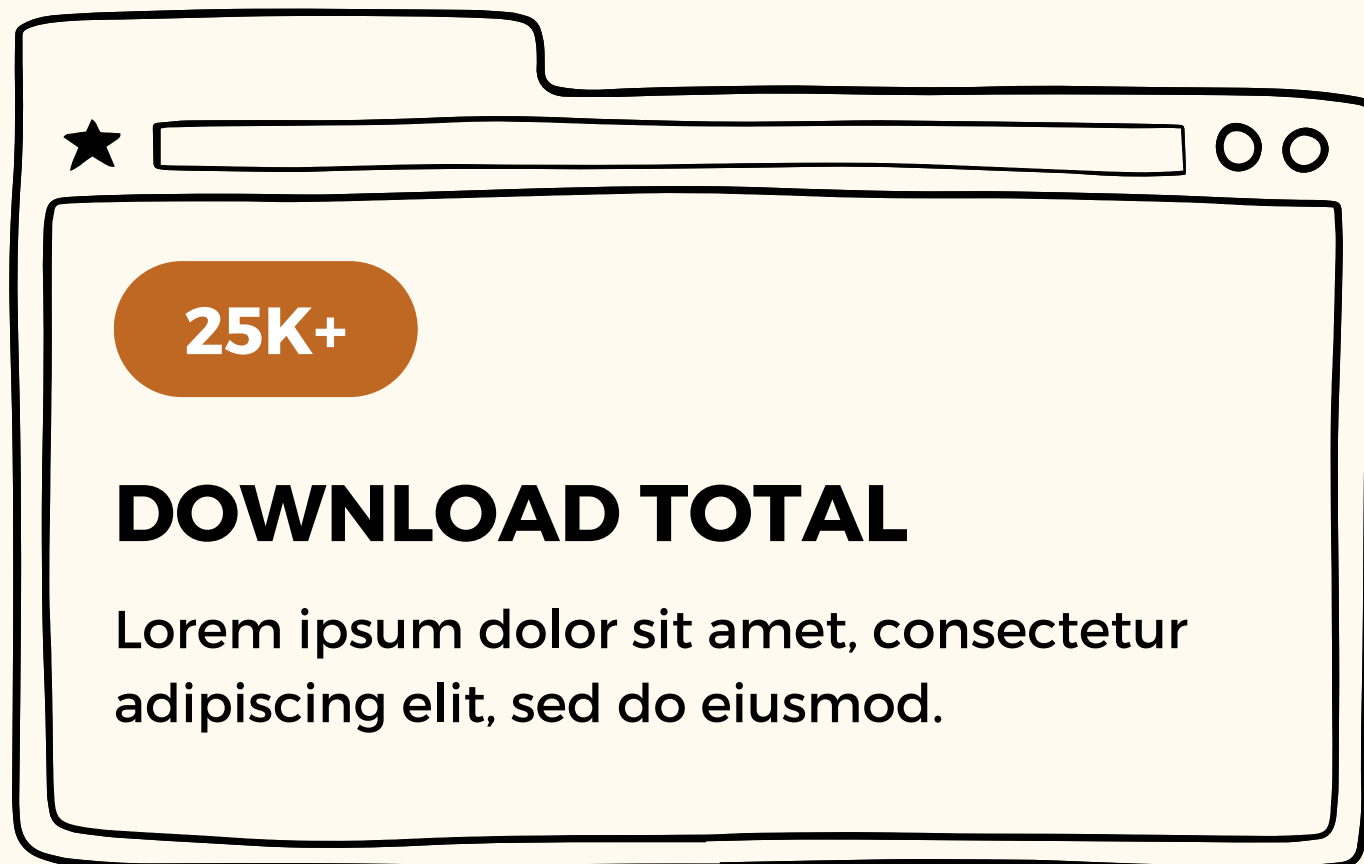
PROJECT 01

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PROJECT 02

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.





THANKS FOR WATCHING

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Integer nec odio.

+123-456-7890

hello@reallygreatsite.com

www.reallygreatsite.com



