EOPS/CARE/NEXTUP

ADVISORY COMMITTEE MEETING

Monday, November 10th, 2025



EOPS

Extended Opportunity Programs & Services

EOPS/CARE MISSION

EOPS/CARE, NextUp/REACH, and CalWORKs provide holistic, "**over and above**" support to historically underrepresented students, empowering them to achieve academic, career, and personal success. Through equitable comprehensive support and individualized guidance, the programs strive to foster self-efficacy, build community, establish trust, and advocacy that supports lifelong growth.

EOPS
Mt. San Antonio College

1969
EOPS ESTABLISHED - SB 164

- Established EOPS to help underrepresented students on community college campus across the state of California.

CARE
Mt. San Antonio College

1982
CARE ESTABLISHED

- Established as a supplemental program within in EOPS for single parents receiving cash aid

NEXT UP

2014
NEXTUP ESTABLISHED - SB 1023

- Established as a supplemental program within in EOPS for foster youth students



WHAT IS CARE?

CARE Program (Cooperative Agencies Resources for Education)

WHO IS CARE FOR?

- EOPS students who are single parents
- Must be 18 years or older, head of household, and receiving CalWORKs/TANF/Cash Aid for themselves and/or their child(ren)



EOPS/CARE SERVICES

Students receive all the benefits and services provided by the EOPS Program **plus additional CARE exclusive services & resources!**

WHAT IS NEXTUP?

PURPOSE

Created to support foster youth students seeking to further their educational career in California's Community College system by providing "over, above, and in addition to" services and support including more intensive care and academic support.



NEXTUP CRITERIA

- Must be a current or former foster youth with court dependency or guardianship established on or after the age of 13
- Submit Foster Care Verification
- Must be under 26 years old when joining the program.

PROVIDE HOLISTIC STUDENT-CENTERED SUPPORT

EOPS/CARE/NEXTUP SERVICES



EOPS/CARE & NextUp Book Service Support



Academic Counseling Support



Priority Registration



Meal Cards *While Supples Last



Peer Navigators



EOPS/CARE & NEXTUP Grants
Direct Student Aid

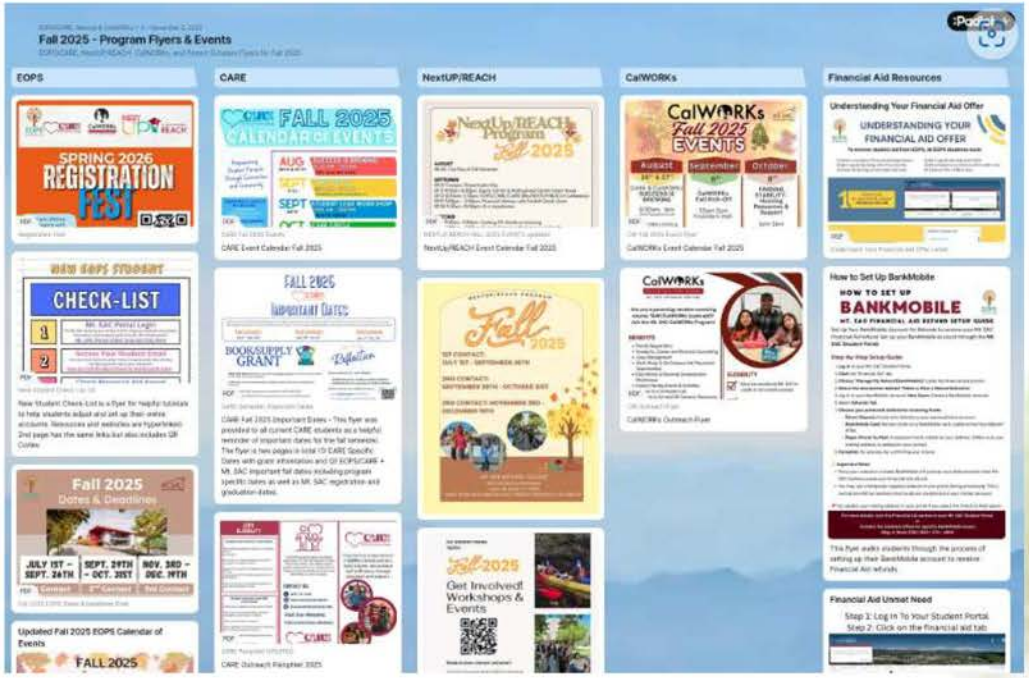


Specialized Workshops & Events

Yellow highlighted boxes indicate CARE & NextUp additional service/resource

EOPS/CARE/NEXTUP STUDENT FRIENDLY COMMUNICATION

We provide student-forward marketing and outreach materials—designed in a tangible, visually engaging format that is easy to read, simple to understand, and accessible across both digital and printed platforms.



WHY EOPS MATTERS

ROLE IN STUDENT RETENTION & SENSE OF BELONGING

"It has given me hope and confidence to keep going, even when things get hard."



"EOPS has help me rise from the my past, to stay in school and accomplish every barrier that stands in front of me."

"Being part of the EOPS program has helped me so much. I feel supported, cared for, and not alone in my college journey."

"The encouragement I received from my counselors kept me focused and motivated throughout my journey."

WHY EOPS MATTERS

EQUITY & ACCESS IN HIGHER EDUCATION



FALL-TO-FALL RETENTION

Achieved an 85% retention rate from Fall 2024 to Fall 2025, with 803 of 943 students continuing into the next academic year.



3.03 GPA

EOPS students tend to have **higher GPA's** then their Mt. SAC peers.



COMPLETION

By the end of Spring 2025, 254 EOPS/CARE students earned a certificate, degree, and/or transferred.

WHY CARE MATTERS

NEW CARE STUDENT
FALL 2025

Me, as a parent of four, enrolling into college has been a new eye-opener for me in many different ways. I feel that I've regained a new purpose for myself.

The college has been more helpful with all these different programs—from the CARE Program, EOPS, to Basic Needs. You all play a part in my success of wanting to achieve my goals, to graduate, and lead my children in the right direction.

I'm so grateful for everyone's help on campus. It shows how important it is just to be involved in students' lives; it really makes a difference because a lot of students don't have support—people they can ask questions to, people who can give information to better guide them to where they need to go.

CARE
Mt. San Antonio College

FALL 2025

EOPS/CARE DATA

101 CARE STUDENTS SERVED 2024 - 2025

83 FALL CARE STUDENTS

63 CONTINUING

63 continuing CARE students from 73 Spring 2025 CARE students 86% retention rate

20 NEW

20 new CARE students

BOOK GRANT

78 CARE students received a $500 CARE Book & Supply Grant for a total of **$39,000** in direct student textbook & supply aid.

96%

UNMET NEED GRANT

78 CARE students received a CARE Unmet Need Grant for a total of **$97,000** in direct student aid.

96%

1ST COUNSELING CONTACT: 100%

2ND COUNSELING CONTACT: 92%

WHY CARE MATTERS

ROLE IN STUDENT RETENTION & FAMILY RESILIENCE

Parenting students **build strong communities through shared experiences**, serving as **valuable resources** and **advocates for one another**.

"Hearing you are not alone. Learning from other parents".

"I love the fact that I feel safe and I'm comfortable with talking about whatever and not being judged for it."



"It was great to relate to other parents who are in similar situations".

"I feel empowered and proud".

(Higher Education Can Support Parenting Students and Their Children With Accessible, Equitable Services - Child Trends, 2021)

(Ryberg & Williams, 2023)

WHY CARE MATTERS

EQUITY & ACCESS IN HIGHER EDUCATION



COMMUNITY COLLEGE ENROLLMENT

Nearly half (47%) of student parents ages 18–24 **attend community college**—about three times the rate of those attending public four-year or private for-profit institutions.



HIGHER GPA

Parenting students tend to have **higher GPA's** then peers without children.



COMPLETION

Unfortunately, according to Child Trends, parenting students are less likely to complete their degrees.

(Tina & Tina, 2021)

Tina, & Tina. (2021, August 2). DataPoints: Significantly more parent students attend community college – AACC. AACC – Building a Nation of Learners by Advancing America's Community Colleges. https://www.aacc.nche.edu/2021/01/20/42067/

WHY CARE MATTERS

COLLEGE AFFORDABILITY CHALLENGES FOR STUDENT PARENTS



TARGETED SUPPORT SERVICES BREAK BARRIERS

Intentional counseling, aid to **close unmet need gaps**, **specialized workshops**, and community-building activities help address systemic barriers for parenting students.



CHILDCARE

Fifteen Percent of colleges reported offering on-campus childcare.
In addition, to on campus childcare, our **Basic Needs Department** has a community partner "**Upwards**" to assist for emergency short-term childcare.



INTERGENERATIONAL IMPACT

When parents can't afford college, it affects family stability. **Economic hardship spills over**, limiting children's educational opportunities and perpetuating cycles of poverty.

(Higher Education Can Support Parenting Students and Their Children With Accessible, Equitable Services - Child Trends, 2021)

WHY CARE MATTERS

ROLE IN STUDENT RETENTION & FAMILY RESILIENCE

INTERGENERATIONAL BENEFITS

Parents with higher education levels tend to pass on educational, health, and behavioral benefits to their children.







(Higher Education Can Support Parenting Students and Their Children With Accessible, Equitable Services - Child Trends, 2021)

(Ryberg & Williams, 2023)

NORMALIZING COLLEGE FOR CHILDREN

When a parent dares to chase their dreams, a child learns to believe in their own. Every step forward is a lesson, every triumph a spark—lighting the path for the next generation to rise even higher.



Breaking Cycles & Building New Opportunities



Inspiring Future College Goals



Grateful for College Example

How has seeing your parent go to college shaped your own dreams for success?

"It motivates me to continue my schooling and higher education. ***Shes also showed me that anything is possible.****"*



What do you think about your parent going to college?

"I think it's beneficial because with my mom going to college, that means ***she can guide me when it's my time for college.****"*

If you could say anything to your parent about how hard they're working in school, what would you tell them?

"I would want to tell her ***I am proud and I will cheer her on as she works hard in school.****"*



CARE PARENTING CIRCLE



PARENTING CIRCLE

CARE Students, join us as we gather in community in a monthly session that helps us learn and grow together. Each session will include an intentional topic for growth and end with an open dialog session for student lead conversation.

- ✓ September 19th

  Locus of Control - Learn about how we see ourselves and where our power lies.

- ✓ October 17th

  Dependence Types - Learn about types of dependencies and how it relates to growth and transitions.

- ✓ November 21st

  Mindfulness - Take time for yourself to practice mindfulness with Counselor & Mindfulness, Meditation and Breathwork Guide, Andrea Torres.

Tangible Take-Aways



NEXTUP MAJOR REGULATION CHANGE



Service/eligibility process notice:
All NEW incoming NextUp students are not automatically eligible for EOPS through NextUp; they must meet each program's eligibility criteria.

WHAT IT MEAN FOR STUDENTS

🟦 Enrollment
- Must be enrolled in at least 9 units each semester.

💰 Financial Aid
- Complete FAFSA or CADAA (California Dream Act Application).
- Must have 0 Expected Family Contribution (EFC).
- Must qualify for BOG Fee Waiver B or C.

✅ Program Requirements
- Must meet all EOPS program requirements.
- Students not meeting requirements may be exited from EOPS.

WHAT IT MEAN FOR STUDENTS

🔁 Participation in Both Programs
- Eligible students can participate in both EOPS and NextUp.
- Counseling contacts can be completed with either program.

🕓 Taking a Break
- NextUp students who do not attend Fall or Spring must reapply for EOPS.
- NextUp students will be automatically reactivated when returning.

🧭 Counseling Access
- NextUp-only students can only meet with NextUp Counselors.
- EOPS & NextUp students can meet with either program’s counselors.

WHAT IT MEAN FOR STAFF

💼 Program Focus
- EOPS and NextUp are two separate programs that work together to support student success, but each program has its own requirements and staff support.

🧭 Program Monitoring
- EOPS Staff: Monitor EOPS requirements only
- NextUp Staff: Monitor NextUp requirements only

🕓 Program Acceptance
- NextUp accepts students year-round – Winter, Spring, Summer & Fall
- EOPS accepts students only in Fall and Spring

NEXTUP/REACH/EOPS CHART

Eligibility

	NextUp	REACH	EOPS
Foster Youth Status	On or after 13 years old	Before 13 years old	N/A
Minimum Units Enrolled	*1 Unit	1 Unit	12 Units (9 if Foster Youth)
Age Requirement	**Under 26 years old	**Under 26 years old	N/A

Requirements

Requirement	NextUp	REACH	EOPS
Unit Limits	None	None	Under 70 DA units
FAFSA/CADA Required	No	No	Yes
0 EFC / BOG B or C Required	No	No	Yes
Contacts Required Per Term	*** 3	***1	3
Workshops Required Per Term	No	1	No
Life Skills Contacts Required Per Term	No	1	No


QUESTIONS

PARTNER ANNOUCEMENTS



THANK YOU