

# Employee Wellness Committee



## MEETING AGENDA

October 4, 2023

Facilitator: Lorraine Jones and Duetta Wasson

Location: 720-2210G or Zoom

Time: 2:00pm-3:30pm

### Committee Members:

Duetta Wasson	Sandra Weatherilt	
Lucy De Leon	Seth Meyers/ Chris Failla	Stacy Lee
Joe Jennum	Norma Vizcarra	Andie Solorzano (notes)
Lorraine Jones	Lizette Henderson	
Alexis Carter	Arthur Gonzalez	
Marta Lopez	Misty Kolchakian	

### AGENDA ITEMS:

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from September 6, 2023
4. Walker Tracker Challenge Update and Wrap Up Party
5. Upcoming Employee Wellness Classes
6. Employee mental health update – Marta/Chris
7. Employee Wellness Fair Updates – October 19, 2023
8. Review Purpose and Function/ Goals for PAC submission due November 2023.

### Employee Wellness Committee upcoming meetings:

November 1, 2023

### Future Agenda Items:

Wellness Program Incentive Point System