

Employee Wellness Committee



MEETING AGENDA

May 3, 2023

Facilitator: Lorraine Jones and Duetta Wasson

Location: 720-2210G or Zoom

Time: 2:00pm-3:30pm

Committee Members:

Duetta Wasson	Sandra Weatherilt	
Lucy De Leon	Seth Meyers/ Chris Failla	Stacy Lee
Joe Jennum	Norma Vizcarra	Andie Solorzano (notes)
Lorraine Jones	Lizette Henderson	
Alexis Carter	Arthur Gonzalez	
Marta Lopez	Misty Kolchakian	

AGENDA ITEMS:

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from April 5, 2023
4. Walker Tracker Results & Wrap Up Party – Spring Vibes (mind and soul)
5. Cinco de Mayo Event at the Wellness Center
6. Newsletter (Nutrition & Mental Health)
7. Employee Wellness Committee Goals Progress Report – Due June 1st
8. Upcoming Employee Wellness Classes
9. Employee mental health update – Marta/Seth/Chris
10. Employee Wellness Fair

Employee Wellness Committee upcoming meetings:

June 7, 2023

Future Agenda Items:

Wellness Program Incentive Point System
Employee Wellness Fair