

Employee Wellness Committee



MEETING AGENDA

April 4, 2018 - CANCELLED

Facilitator: K.C. Kranz

Location: Building 4, Room 2320

Time: 2:00pm-3:30pm

Committee Members:

Duetta Langevin	Sandra Weatherilt	Melissa Aguirre
Joanne Franco	Marti Whitford	Stacy Lee
Joe Jennum	Zaira Jimenez	Carmen Conover – Kaiser
K.C. Kranz	Lianne Greenlee	Meagan Nolan- Marion
Mari Ceja	David Castro/ Arthur Gonzalez	Sandy Cisneros - UHC
		Andie Solorzano (Notes)

AGENDA ITEMS:

1. Welcome/Introduction
2. Agenda Review
3. Review meeting notes from March 7, 2018
4. Current and future Employee Wellness Activities
 - Finding Balance Stress Management Campaign
 - Supporting Wellness In Yourself and Your Team – Management meeting Silo Buster
 - Stress Reduction Lecture
 - Healthy Cooking Class
5. Walker Tracker

Employee Wellness Committee upcoming meetings:

May 2, 2018

June 6, 2018

Future Agenda Items:

Date for Employee Wellness Fair