

Employee Wellness Committee



MEETING AGENDA

October 2, 2019

Facilitator: K.C. Kranz

Location: **Building 6, Room 144 POD**

Time: **2:00pm-3:30pm**

Committee Members:

Duetta Langevin	Sandra Weatherilt	Melissa Aguirre
Joanne Franco	Marti Whitford	Stacy Lee
Joe Jennum	Zaira Jimenez	Carmen Conover – Kaiser
K.C. Kranz	Lianne Greenlee	Meagan Nolan- Marion
Alexis Carter	Arthur Gonzalez	Sandy Cisneros - UHC
		Andie Solorzano (Notes)

AGENDA ITEMS:

1. Welcome/Introduction
2. Mental Health Support For Employees – Livier Martinez
3. Agenda Review
4. Review meeting notes from June 5, 2019
5. Purpose and Function Statement, Goal and Progress Report
6. Walker Tracker
7. Behavior Wellness
8. Medical Plan perks for employees that participate in Wellness

Employee Wellness Committee upcoming meetings:

November

Future Agenda Items: