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| **Employee**  **Wellness Committee** |



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##### MEETING AGENDA

##### January 8, 2025

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**   |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | Lorraine Jones | Sandra Weatherilt |  | |  | | | Lizette Henderson | Chris Failla | Haneen Alghita-Aguilar | |  | | | Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) | |  | | Stacy Lee  Lucy De Leon  Larry Silva  Elda Blount | Joe Jennum  Art Gonzalez  Misty Kolchakian  Duetta Wasson |  |  | | |
| **AGENDA ITEMS:**  1. Welcome/Introduction  2. Agenda Review  3. Review Meeting Minutes from 12/4/24  4. Walker Tracker Wrap Up Party 1/16/25  5. Noom App Demo – via Zoom with Vendor  6. Goals & Outcomes  7. Member/Department Updates |
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**Employee Wellness Committee upcoming meetings:**

February 5, 2025