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| **Employee** **Wellness Committee** |



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##### MEETING AGENDA

##### February 5, 2025

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**

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| Lorraine Jones  | Sandra Weatherilt  |  |  |
| Lizette Henderson  | Chris Failla | Haneen Alghita-Aguilar |  |
| Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) |  |
| Stacy Lee Lucy De LeonLarry SilvaElda Blount | Joe JennumArt GonzalezMisty KolchakianDuetta Wasson |  |  |

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| **AGENDA ITEMS:**1. Welcome/Introduction 2. Agenda Review3. Review meeting minutes from (12/4/24 & 1/8/25)4. Spring Employee Fitness Classes5. Noom App Update6. Health Screening Mobile Van Update7. Post Walker Tracker Challenge Update 8. St. Jude Webinar Update9. Committee Goals & Progress, Membership, and Purpose & Function Update10. Employee Newsletter11. Member/Department Updates |
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**Employee Wellness Committee upcoming meetings:**

March 5, 2025