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| **Employee**  **Wellness Committee** |



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##### MEETING AGENDA

##### February 5, 2025

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**   |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | Lorraine Jones | Sandra Weatherilt |  | |  | | | Lizette Henderson | Chris Failla | Haneen Alghita-Aguilar | |  | | | Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) | |  | | Stacy Lee  Lucy De Leon  Larry Silva  Elda Blount | Joe Jennum  Art Gonzalez  Misty Kolchakian  Duetta Wasson |  |  | | |
| **AGENDA ITEMS:**  1. Welcome/Introduction  2. Agenda Review  3. Review meeting minutes from (12/4/24 & 1/8/25)  4. Spring Employee Fitness Classes  5. Noom App Update  6. Health Screening Mobile Van Update  7. Post Walker Tracker Challenge Update  8. St. Jude Webinar Update  9. Committee Goals & Progress, Membership, and Purpose & Function Update  10. Employee Newsletter  11. Member/Department Updates |
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**Employee Wellness Committee upcoming meetings:**

March 5, 2025