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| **Employee** **Wellness Committee** |



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##### MEETING AGENDA

##### May 1, 2024

**Facilitator: Lorraine Jones and Lizette Henderson**

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| **Location: 720-2210G or Zoom Time: 2:00pm-3:30pm** |
| **Committee Members:**

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| Lorraine Jones  | Sandra Weatherilt  |  |  |
| Lizette Henderson  | Chris Failla | Kevin Truong  |  |
| Marta Lopez | Norma Vizcarra | Vanessa Salazar (notes) |  |
| Stacy Lee Lucy De LeonLarry Silva | Joe JennumArt GonzalezMisty KolchakianDuetta Wasson |  |  |

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| **AGENDA ITEMS:**1. Welcome/Introduction 2. Review agenda3. Review meeting notes from April 3, 20244. Add breathwork classes and St. Jude classes to the Wellness Center website5. Next Wrap Up Party | May 30, 20246. Employee Wellness Fair | October 20247. Employee Counseling Center hosting- Send Silence Packing Exhibit | May 8, 2024 | 9:00am-4:00pm8. Upcoming AED Defibrillator Training date? 9. Healthcare Preventive Incentives 10. Committee member updates  |
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**Employee Wellness Committee upcoming meeting:**

June 5, 2024

**Future Agenda Items:**