

**Mt. San Antonio College
Employee Wellness Committee
August 1, 2018**

Committee Members:

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Duetta Langevin | <input type="checkbox"/> Joe Jennum | <input type="checkbox"/> Marti Whitford | <input type="checkbox"/> Arthur Gonzalez - Unit 651 |
| <input checked="" type="checkbox"/> K.C. Kranz | <input checked="" type="checkbox"/> Stacy Lee | <input checked="" type="checkbox"/> Carmen Conover, Kaiser | Representative |
| <input checked="" type="checkbox"/> Joanne Franco | <input checked="" type="checkbox"/> Zaira Jimenez | <input type="checkbox"/> David Casto - Unit 651 | <input checked="" type="checkbox"/> Andrea Solorzano (notes) |
| <input checked="" type="checkbox"/> Sandra Weatherilt | <input type="checkbox"/> Lianne Greenlee | Representative | <input checked="" type="checkbox"/> Sandy Cisneros, UHC |
| <input type="checkbox"/> Melissa Aguirre | <input checked="" type="checkbox"/> Alexis Carter | <input checked="" type="checkbox"/> Meagan Nolan- Marion | |

ITEM	DISCUSSION/COMMENTS	ACTION/OUTCOME
1. Welcome/Introductions	Introduced Alexis Carter	
2. Agenda Review		
3. Review meeting notes from August 1, 2018	Approved	
4. Finalize Real Food Challenge Wrap Up Party Details	<p>Email was sent out regarding the Wrap up Party to 113 people who registered and KC has only gotten 13 RSVP's. We will probably do a campus wide email next time and also have the wrap up party planned a month in advance next year.</p> <p>KC will send a very generic email out to everyone on 8/2/18 the day of party to invite all folks even if they did not participate.</p> <p>Discussed details of the party and assigned tasks to those who were available to help.</p> <p>Chris came from Health Services to present the Chiro Certificates/gift from Dr. Lee to give away</p>	

	<p>in the raffle.</p> <p>Winners of all raffle prizes will be emailed and sent to pick up in Admin Services.</p>	
5. Walker Tracker Planning	<p>KC met with the Walker Tracker Rep last week. The plan is to ask the Foundation for \$10,000 to start and see what they can provide to help fund the incentives of the program.</p> <p>KC has spoken to UCR and they love the program.</p> <p>The plan is to hopefully have incentive levels and points.</p> <p>Flyers will be handed out for CPD and Flex day.</p>	
6. Employee Wellness Fair	<p>The Employee Wellness Fair is booked for 11/30/18. The Kaiser mobile has been booked for that day as well. KC will sent out invites today and tomorrow. KC plans on using Event</p>	

Wellness Task Force
Group Memory

	Brite to help with the event. Also she will start reaching out to Vendors to get them on board for the fair.	
Future Action Items: Employee Wellness Fair Participant Survey		

Future Meeting Dates:

September 5, 2018

October 3, 2018

November 7, 2018

December 5, 2018