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EA11. Visiting a Doctor: Symptoms and Treatments

Student Name: _____ Student ID Number: _____

Instructor: _____ Level: _____ Date: _____

For media links in this activity, visit [the LLC ESL Tutoring website for Upper Level SDLAs](#). Find your SDLA number to see all the resources to finish your SDLA.

Section 1: Illnesses, Symptoms, and Treatments

Use the dictionary [Learner's Dictionary](#) to look up the illnesses: *migraine*, *strep throat*, *sprained ankle*, and *flu*. Fill in the chart below with your *own knowledge* of the illnesses. Try to use the new vocabulary you learned in EA10 Visiting a Doctor Introduction.

Illness	Symptoms	Treatments
What is the name of the illness?	How do you know when you have this illness?	What can you do or take to feel better?
1. <i>Migraine</i>	1. <i>Light sensitivity, nausea, head pain, fatigue</i>	1.
2. <i>Strep throat</i>	2.	2.
3. <i>Sprained ankle</i>	3.	3. <i>Ice, elevation, rest, compression, bandage</i>
4. <i>Flu</i>	4. <i>Runny nose, fever, sore muscles</i>	





Section 2: Listening to a Conversation

[Listen to the conversation](#) between two friends. You can also read the audio script as you [listen](#). After you [listen](#), make some notes below.

Steve’s problem

Steve’s symptoms

Doctor’s treatment

Carla’s treatment

Section 3: Diagnosis and Treatment

Read the sample conversations below. Each patient is describing their problem to the doctor. Pay attention to how they describe their problem and then decide what the illness is from Section 1 and list some possible treatments.

Patient 1

Doctor: So what seems to be the problem?

Patient: I’ve had a really painful headache for the last 24 hours. I feel very nauseous, and I haven’t been able to eat anything. All I can do is sit in a dark room with my eyes closed.

What is the illness? _____

What are some possible treatments? _____

Does the patient need antibiotics? _____

Patient 2

Doctor: What brought you in today?

Patient: Well, I’ve had a runny nose and a fever for the last couple days. My muscles are really sore, and I’ve been very tired.

What is the illness? _____

What are some possible treatments? _____

Does the patient need antibiotics? _____





Patient 3

Doctor: So why did you decide to come in today?

Patient: I am in a lot of pain. My throat is swollen, and I cannot swallow any food without pain. It even hurts when I drink water! I've also had a fever, and I've been really tired.

What is the illness? _____

What are some possible treatments? _____

Does the patient need antibiotics? _____

Patient 4

Doctor: So how did this happen?

Patient: I went hiking with some friends yesterday, and we were having a great time. I was busy talking to them, so I wasn't really paying attention to where I was going. I suddenly stepped into a hole, and my ankle turned. I have been in a lot of pain since then.

What is the illness? _____

What are some possible treatments? _____





Does the patient need antibiotics? _____





Section 4: Student Self-Assessment

Complete this table BEFORE meeting with a tutor.

Communication Skill	I can't do this YET. 	I can do this WITH help. 	I can do this WITHOUT help. 	I can TEACH this to a classmate. 
I can use new vocabulary to describe symptoms and treatments.				
I can identify illnesses and treatment options based on patients' descriptions.				

Here are some words/phrases I need to practice.

Good Job!

Now make an appointment

with a tutor on the LLC ESL Tutoring Website

www.mtsac.edu/llc/passportrewards/llctutoring








Section 5: Practice with a Tutor!

Meet with a tutor, and share this activity with the tutor. To help you practice explaining how you feel to a doctor, you will do a role-play with a tutor. The tutor will ask you to describe an illness that you learned about in this SDLA. You may also ask the tutor any questions that you might have.

Grading Rubric

Possible Points	Need Practice  (0-1 Point)	Good Job  (2-3 Points)	Excellent Work  (4-5 Points)
Content	Not enough information provided in responses and often does not use correct vocabulary.	Provides most important information in responses and some of the time uses correct vocabulary.	Provides all necessary information in responses and most of the time uses correct vocabulary.
Skill: Speaking	More than 6 mistakes saying words; needs guessing more than 3 times.	Not more than 5 mistakes saying words; needs guessing on 1-2 words or sentences.	Not more than 2 mistakes saying words; needs no guess about meaning.
Oral Fluency	Speaks mostly in phrases, individual words; many pauses.	Sometimes speaks in complete sentences; several pauses.	Speaks in complete sentences; a couple pauses okay.

*Students must receive at least 10 points to move on

Possible Points: _____ / 15

Tutor Comments:

Congratulations! Keep going.

You have successfully completed this SDLA and are ready to continue to the next.

Work on this more.

You have not yet mastered this SDLA. It is recommended that you complete it again.

Tutor Signature: _____

Date: _____

