HCE Cohort Schedule Draft (2.12.25)

Some dates are subject to change with notification

Activity	Description	Duration and Format	Recommended Dates
Cohort access to Online Course	Participants will receive introductory communication from our team that kicks off the experience, provides an overview of the HCE Journey, and grants cohort members access to the HCE Certification platform.	Email from Flourish Agenda Project Manager	March 6th
Kickoff Session	President/CEO, Dr. Marth Garcia will welcome the cohort participants; Introductions; Flourish Agenda will provide an overview of the HCE journey and create opportunities for initial community building among cohort members.	In person with hybrid option	March 7th
Independent and Small Group HCE Exploration	Cohort members complete Modules 1 and 2 of the HCE certification. If helpful and possible, participants can connect with other cohort members in small groups to explore and reflect on HCE.	6 to 8 hours total (3 to 4 hours per module); Asynchronous	March 21st Target Completion Date
Live Session 1	This session will explore the key tenets of Healing Centered Engagement and the Culture principle through content presentation, reflection activities, and small breakout group discussion.	2 hours; in person with a hybrid option	March 21st; 12pm to 2pm in POD, lunch served for those who RSVP in person
Independent & Small Group HCE Exploration	*Cohort members complete Modules 3 and 4 of the HCE certification. If helpful and possible, participants can connect with other cohort members in small groups to explore and reflect on HCE.*	6 to 8 hours total (3 to 4 hours per module); Asynchronous	April 6th Target Completion Date

Live Session #2	*This session will explore the principles of Agency and Relationships through content presentation, reflection activities,*	2 hours; in person with a hybrid option	April 18th 12pm to 2pm in POD, lunch served for those who RSVP in person
Independent & Small Group HCE Exploration	*Cohort members complete Modules 5 and 6 of the HCE certification. If helpful and possible, participants can connect with other cohort members in small groups to explore and reflect on HCE.*	6 to 8 hours total (3 to 4 hours per module); Asynchronous	May 2 Completion Date
Live Session #3	*This session will explore the principles of Meaning and Aspirations through content presentation, reflection activities, and small breakout group discussion.*	2 hours; in person with a hybrid option	May 16th (TBD) 12pm to 2pm in POD, lunch served for those who RSVP in person
Cohort Closing	*Participants will receive communication that closes out the cohort experience, invites reflections and feedback, and grants access to additional resources that'll support with their continued HCE engagement, If they have not done so already, we recommend that cohort members complete Module 7 of the HCE certification.*	3-4 hours, Asynchronous; Email from Flourish Agenda verifying Completion	May 23 Target Completion
Mt. SAC Celebration and Planning Next Steps	President Garcia and Team gather to celebrate and plan next steps	2 hours; in person	June *TBD POD; lunch served for those who RSVP