Adults with Disabilities (AWD)
Fall 2026 Classes

Fall Term: August 24 – December 20, 2026

No Class: September 7, November 11, November 26, November 27

Register today!

Contact Us

Phone
909-274-4192

Email
awd@mtsac.edu

Website
www.mtsac.edu/sce/awd

Facebook
http://www.facebook.com/mtsacawd

Instagram
http://www.instagram.com/mtsacawd

Website QR Code
Scan with your phone

Printed on 9/28/2026.
Class details subject to change.

Class details are subject to change.

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Registration Information

Registration is ongoing.

New Students

If you are new to the Adults with Disabilities (AWD) program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these steps, please call us at 909-274-4192 or send us an email at awd@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit) www.mtsac.edu/noncreditapp
2. Complete the AWD Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Students can register for classes online, in person, or by meeting with their counselor.

To register online, complete the noncredit application online each registration period. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at **www.mtsac.edu/noncreditapp**

To register in person, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your professor. After filling it out completely, please give it back to your professor for processing.

To register for impacted classes, such as Cultural Awareness and Cooking, see the following page for registration information.

Additional Program Information

About the Adults with Disabilities (AWD) Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Counseling

Our Adults with Disabilities (AWD) counselors provide career, academic, and personal guidance. If you need support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you need counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the AWD Volunteer Form each term. All volunteers are expected to comply with college policies and procedures on and off campus.

Class Descriptions

Budgeting and Money Skills

ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management
Build independent living skills through personal basic money management and budgeting.

ACCS ILMS: Independent Living Skills – Money Skills
Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities
Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

Communication and Managing Relationships

ACCS ILSRR: Independent Living Skills – Romantic Relationships
Overview of adult relationships including friendships, romantic, and intimate relationships.

ACCS ILSHS: Independent Living Skills – Human Sexuality
Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

Functional Skills for Academic Success

ACCS BMS: Basic Math Skills
Application of basic math skills for students with disabilities emphasizing algebraic expressions, equations, and statistics.

ACCS BRWS: Basic Reading and Writing Skills
Basic reading and writing skills for students with disabilities. Emphasis on reading comprehension and essay writing.

ACCS FMS: Fundamental Math Skills
Math fundamentals for students with disabilities. Review of math number operations emphasizing addition, subtraction, multiplication, and division. Application of pre-algebra: fractions, decimals, percentages, and basic geometry skills.

Functional Skills for Academic Success (continued)

ACCS FRWS: Fundamental Reading and Writing Skills
Fundamental reading and writing skills for students with disabilities.

ACCS MBS: Independent Living Skills – Memory Building Skills
Memory building skills for students with developmental disabilities.

Lifelong Learning and Community Involvement

ACCS ELL01: Lifelong Learning for Adults with Disabilities
Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

ACCS ILCAC: Independent Living Skills – Cultural Awareness and Cooking
Cultural awareness and cooking course for students with disabilities.

ACCS ILPLS: Independent Living Skills – Practical Living Skills
Practical living skills to successfully integrate into the community setting.

ACCS ILSPC: Independent Living Skills – Personal Care
Daily living skills in personal care.

ACCS ILCS: Independent Living Skills – Consumer Skills
Basic consumer skills for students with intellectual disabilities to improve independent living.

ACCS ILHFS: Independent Living Skills – Health and Fitness
Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

ACCS ILSD: Independent Living Skills - Self Determination
Self-determination skills for students including personal responsibility, choices, and skills and limits.

Personal Safety and Emergency Preparedness

ACCS ILSSS: Independent Living Skills – Safety Skills
Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

ACCS IAEP: Interacting with Emergency Personnel and Authorities
Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

Preparing for a Career

ACCS SSW: Social Skills for the Workforce
Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace
Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

AWD Certificate Programs

Independent Living Skills

This certificate program provides a comprehensive curriculum designed to empower students with essential independent living skills. Through focused instruction, students will cultivate proficiency in areas such as community engagement, self-advocacy, and social interaction. This holistic approach equips students to confidently define personal life goals and effectively apply learned skills toward greater autonomy. Key topics explored will include navigating community resources, asserting personal needs and rights, and accessing vital community information. **Required courses**: Interacting with Emergency Personnel and Authorities (ACCS IAEP), Cultural Awareness and Cooking (ACCS ILCAC), Practical Living Skills (ACCS ILPLS), Basic Budgeting and Money Management (ACCS ILSBB), and Self Determination (ACCS ILSD).

If you'd like to learn more about earning a certificate, please meet with a counselor. Contact us at 909-274-4192 to schedule an appointment.

Enroll in tuition-free college classes for adults with disabilities!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

Mt. San Antonio College Classes (Mt. SAC)

1100 N. Grand Ave.
Walnut, CA 91789

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor Name & Email	Location
21588	ILCAC	Cultural Awareness and Cooking	M	9:00am	11:30am	8/24	12/14	Kristine Zapata kzapata5@mtsac.edu	40-126
21487	BMS	Basic Math Skills	MW	9:30am	12:20pm	8/24	12/9	Laura Espinoza lespinozarodriguez@mtsac.edu	79-3290
21579	FRWS	Fundamental Reading & Writing Skills	MW	9:30am	12:20pm	8/24	12/9	Briseida Ramirez bramirezcatalan@mtsac.edu	40-119
21611	ILSSS	Safety Skills	M	9:30am	12:20pm	8/24	12/14	Allison Medina amedina41@mtsac.edu	40-121
21589	ILCAC	Cultural Awareness and Cooking	M	12:30pm	3:00pm	8/24	12/14	Kristine Zapata kzapata5@mtsac.edu	40-126
21788	SSW	Social Skills for the Workforce	M	1:00pm	3:50pm	8/24	12/14	Jennifer Luu jluu15@mtsac.edu	40-119
21489	BRWS	Basic Reading and Writing Skills	TTh	9:30am	12:20pm	8/25	12/10	Kristine Zapata kzapata5@mtsac.edu	79-2270
21546	FMS	Fundamental Math Skills	TTh	9:30am	12:20pm	8/25	12/10	Laura Espinoza lespinozarodriguez@mtsac.edu	40-119
21518	ELL01	Lifelong Learning	T	9:30am	12:20pm	8/25	12/15	Agnes Ndirangu-Mwathi andirangu@mtsac.edu	80-1220
21600	ILPLS	Practical Living Skills	T	9:30am	12:20pm	8/25	12/15	Edge Francisco efrancisco3@mtsac.edu	40-121
21629	MBS	Memory Building Skills	T	1:00pm	3:50pm	8/25	12/15	Greg Hollenbeck ghollenbeck1@mtsac.edu	40-119
21603	ILSD	Self Determination	T	1:00pm	3:50pm	8/25	12/15	Laura Espinoza lespinozarodriguez@mtsac.edu	40-121

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/awd

Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Mt. San Antonio College Classes (Mt. SAC)

(continued)

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor Name & Email	Location
21606	ILSHS	Human Sexuality	W	9:30am	12:20pm	8/26	12/16	Cassandra Hall chall48@mtsac.edu	40-121
21593	ILCS	Consumer Skills	W	9:30am	12:20pm	8/26	12/16	Greg Hollenbeck ghollenbeck1@mtsac.edu	80-1220
21786	RRW	Rights & Responsibilities in the Workplace	W	1:00pm	3:50pm	8/26	12/16	Kristine Zapata kzapata5@mtsac.edu	40-119
21592	ILCAC	Cultural Awareness and Cooking	Th	9:30am	12:20pm	8/27	12/17	Edge Francisco efrancisco3@mtsac.edu	40-126
24960	SSW	Social Skills in the Workforce	Th	9:30am	12:20pm	9/10	12/10	Briseida Ramirez bramirezcatalan@mtsac.edu	80-1200
21610	ILSRR	Romantic Relationships	Th	9:30am	12:20pm	8/27	12/17	Allison Medina amedina41@mtsac.edu	80-1331
21787	RRW	Rights & Responsibilities in the Workplace	Th	1:00pm	3:50pm	8/27	12/17	Allison Medina amedina41@mtsac.edu	40-119

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Cameron Park Community Center Classes (CMRNPK)

1305 E. Cameron Ave.
West Covina, CA 91790

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21586	IAEP	Interacting with Emergency Personnel & Authorities	M	9:00am	12:05pm	8/24	12/14	Oscar Reyes oreyes25@mtsac.edu
21596	ILHFS	Health and Fitness Skills	T	9:00am	12:05pm	8/25	12/8	Ariana Lemus alemus36@mtsac.edu
21587	IBSID	Introduction to Banking	W	9:00am	12:05pm	8/26	12/16	Yasmin Cardona ycardona3@mtsac.edu
21604	ILSD	Self Determination	Th	9:00am	12:05pm	8/27	12/17	Agnes Ndirangu-Mwathi andirangu@mtsac.edu
21594	ILCS	Consumer Skills	F	9:00am	12:05pm	8/28	12/18	Edge Francisco efrancisco3@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Covina Public Library Classes (COVPL)

234 N. Second Ave.
Covina, CA 91723

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21599	ILMS	Money Skills	T	10:00am	12:20pm	8/25	12/15	Jennifer Luu jluu15@mtsac.edu

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Irwindale Community Center Classes (IRCC)

16102 Arrow Hwy.
Irwindale, CA 91706

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21590	ILCAC	Cultural Awareness and Cooking	W	9:00am	11:50am	8/26	12/16	Edge Francisco efrancisco3@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

La Verne Community Center Classes (LV)

3680 D St.
La Verne, CA 91750

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21601	ILSBB	Basic Budgeting and Money Management	M	9:00am	11:50am	8/24	12/14	Cassandra Hall chall48@mtsac.edu
21605	ILSD	Self Determination	T	9:00am	11:30am	8/25	12/15	Yasmin Cardona ycardona3@mtsac.edu
21607	ILSPC	Personal Care	W	9:00am	11:50am	8/26	12/16	Jennifer Luu jluu15@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

Palmview Park Classes (PVPK)

1340 E Puente Ave.
West Covina, CA 91790

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21595	ILHFS	Health and Fitness Skills	M	9:00am	12:05pm	8/24	12/14	Edge Francisco efrancisco3@mtsac.edu
21609	ILSRR	Romantic Relationships	T	9:00am	12:05pm	8/25	12/8	Ruby Wu rwu34@mtsac.edu
*21591	ILCAC	Cultural Awareness and Cooking	W	9:00am	11:35am	8/26	12/16	Kristine Zapata kzapata5@mtsac.edu
21612	ILSSS	Safety Skills	F	9:00am	12:05pm	8/28	12/18	Cassandra Hall chall48@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21602	ILSBB	Basic Budgeting and Money Management	T	9:00am	11:20am	8/25	12/15	Allison Medina amedina41@mtsac.edu

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.
San Dimas, CA 91773

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21598	ILHFS	Health and Fitness Skills	Th	10:30am	11:55am	8/27	12/17	Yasmin Cardona ycardona3@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/sce/awd or register in-person with the professor.

Westmont Park Community Center

1808 W. 9th St.
Pomona, CA 91766

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
21608	ILSPC	Personal Care	Th	9:00am	11:50am	8/27	12/17	Jennifer Luu jluu15@mtsac.edu

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Contact us at: email: **awd@mtsac.edu** phone: **(909) 274-4192**

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Digital Media Specialist, Microenterprise, Regenerative Communities, and/or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

MT. SAC
SCHOOL OF
CONTINUING EDUCATION

OAD MBH
MUSIC & BRAIN HEALTH

Learn strategies for strengthening memory skills with music!

Thursdays, 1pm - 3:50pm
Mt. SAC (Bldg. 80, Rm. 1331)
Professor: James Hartford

Fall 2026: Aug. 26-Dec. 16 (21624)

eoa@mtsac.edu 909-274-4192 mtsac.edu/eoa

MT. SAC
SCHOOL OF CONTINUING EDUCATION

(OAD FNA04 - 21560)

Watercolor Painting

Principles of watercolor painting. Emphasis will be on **creative expression** to develop **primary skills** for watercolor as they relate to composition and technique.

Wednesdays, 1pm - 3:50pm
August 26 - December 16, 2026
Mt. SAC - Building 80, Room 1220
Professor: Yasmin Cardona

To register, attend class to complete and submit a Mt. SAC registration form to the instructor, or enroll online at www.mtsac.edu/sce/eoa.

eoa@mtsac.edu (909) 274-4192 mtsac.edu/eoa

MT. SAC
Mt. San Antonio College

SCHOOL OF CONTINUING EDUCATION
STUDENT ONLINE SUPPORT

SCE SOS

Our Student Online Support program provides noncredit students with LIVE, one-on-one assistance with online/technology support to help you navigate, access, and succeed in your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Canvas
- Mountie Mail
- Zoom
- Noncredit Application
- And much more!

FALL 2026 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday: 8:30am-4pm

FALL 2026 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 40, Rm 125)
Wednesday: 9am- 1pm (Bldg 30, Rm 111)
Thursday: 9am- 1pm (Bldg 66, Rm 130)

HOW TO CONTACT US:

ZOOM: bit.ly/4fcBSDZ
- Scan QR code to join

CALL: (909) 274-6100

EMAIL: sce@mtsac.edu

FOLLOW: On Instagram!
- Scan QR code to join

WEB: bit.ly/3VCj6z0

Semester Dates

Fall 2026

Registration Begins: May 6, 2026
Classes Begin: August 24, 2026
Classes End: December 20, 2026
Holidays: September 7, November 11, November 26, November 27
**No classes from December 21, 2026 – January 3, 2027*

Winter 2027

Registration Begins: November 12, 2026
Classes Begin: January 4, 2027
Classes End: February 14, 2027
Holidays: January 18, February 12

**No classes from February 15 – February 21, 2027*

Spring 2027

Registration Begins: November 12, 2026
Classes Begin: February 22, 2027
Classes End: June 13, 2027
Holidays: March 31, May 31