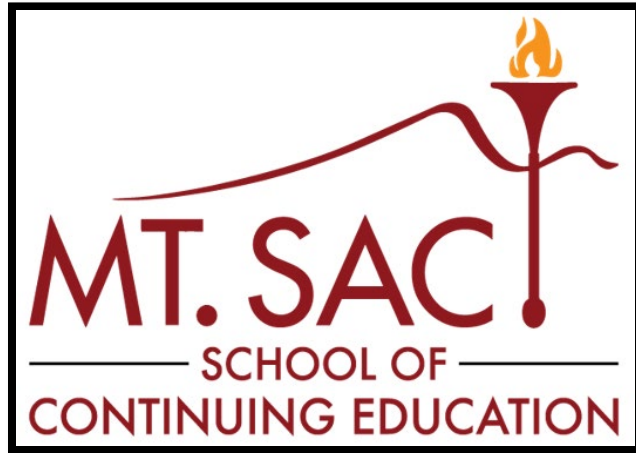


Adults with Disabilities (AWD) Class Schedule Winter & Spring 2025



Winter Term: January 6 - February 16, 2025

Spring Term: February 24 - June 22, 2025

Holidays: 1/20, 2/14, 3/31, 5/26, 6/19

Registration begins on November 6, 2024.

Contact Us

Phone

909-274-4192

Email

awd@mtsac.edu

Website

www.mtsac.edu/sce/awd

Facebook

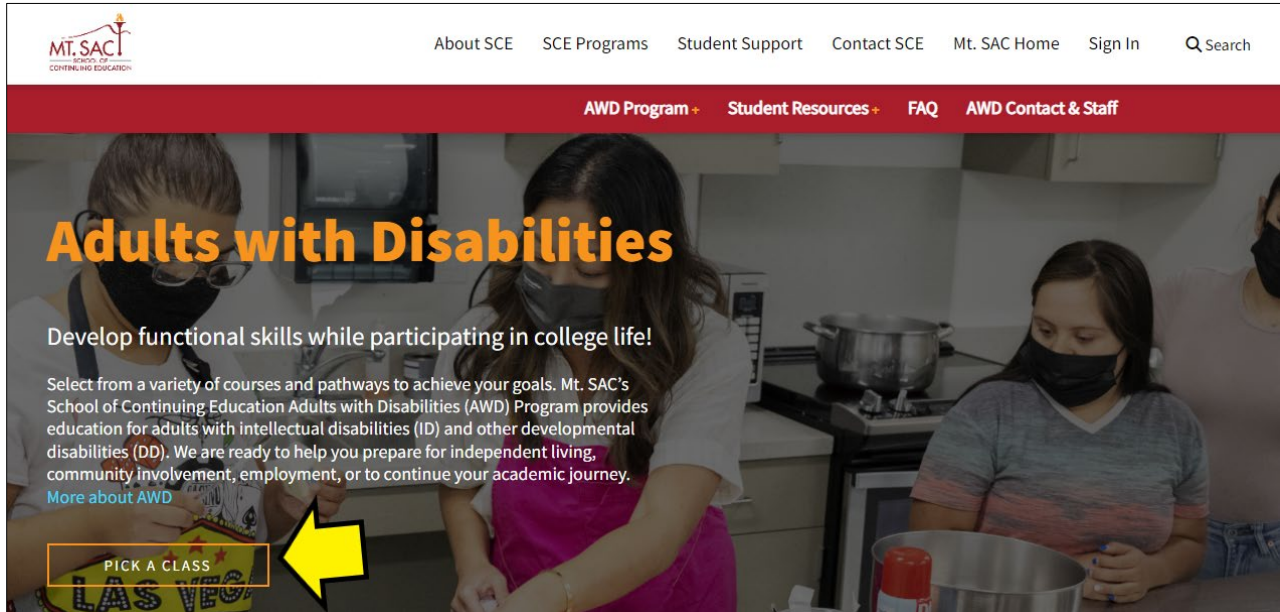
<http://www.facebook.com/mtsacawd>

Instagram

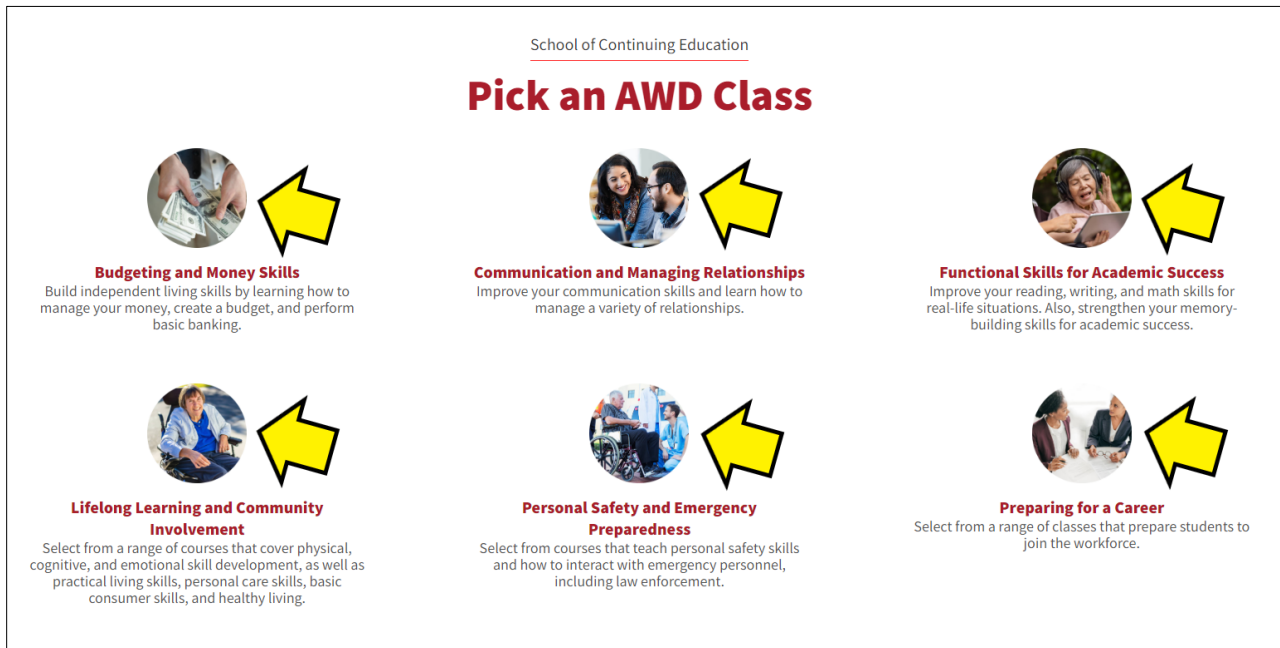
<http://www.instagram.com/mtsacawd>

The class schedule is subject to change.

1. For the most up-to-date schedule of classes, visit our website or scan the QR code to the right. Website: <http://www.mtsac.edu/sce/awd>.



2. Click on “Pick a Class”
3. Scroll down to “Pick an AWD/IMPACT Class.” Click on the type of class you are interested in.



4. Scroll down to see the most current schedule of classes at all locations!

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Registration Information

Registration begins on November 6, 2024.

New Students

If you are new to the AWD program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at awd@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit)
www.mtsac.edu/noncreditapp
2. Complete the AWD Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Students can register for classes online, in person, or by meeting with their counselor.

To register online, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

To register in person, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Winter & Spring 2025 Impacted Classes Registration Support

Registration begins on Wednesday, November 6, 2024.

If you would like to register for **in-person Computer Skills** class or **other impacted classes**, you **must** attend the registration support day at the location where you plan to take the class (*see schedule below*). You do not need to attend a registration support date if you are not interested in taking impacted classes. Impacted classes are noted in the schedule book with a double-asterisk (**) next to the CRN number.

| Date | Time | Location |
|------------------------|-----------------|--|
| Thursday, November 14 | 10am-12pm | Irwindale Senior Center |
| Friday, November 15 | 10am-12pm | Baldwin Park Julia McNeil Senior Center |
| Monday, November 18 | 10am-12pm | Gibson Senior Center, Upland |
| Tuesday, November 19 | 9am-11am | West Covina Senior Citizen's Center |
| Wednesday, November 20 | 10am-12pm | San Dimas Senior/Community Center |
| Thursday, November 21 | 9am-11am | Walnut Senior Center |
| Friday, November 22 | 11:30am-1:30pm | La Verne Community Center |
| Tuesday, November 26 | 10am-12pm | Diamond Bar Center |
| Monday, December 2 | 11:30am-12:30pm | Mt. SAC, Building 40 – Room 140 <i>This date/time is for the following AWD Lifelong Learning classes only: Winter CRNs 30725, 30726, 30732 & Spring CRNs 41605, 41606, 41612.</i> |
| Tuesday, December 3 | 8:30am-10:30am | Shadow Oak Park, West Covina |
| Wednesday, December 4 | 9am-11am | Palmview Park Community Center <i>This date/time is for the following AWD Lifelong Learning class only: Winter CRN 30729 & Spring CRN 41609.</i> |
| Wednesday, December 4 | 10am-12pm | Washington Park, Pomona |
| Thursday, December 5 | 10am-12pm | Palomares Senior Center, Pomona |
| Monday, December 9 | 8:30am-10:30am | Heritage Park, Diamond Bar |
| Wednesday, December 11 | 9am-11am | Covina Senior Center |
| Thursday, December 12 | 10am-12pm | Rowland Heights Community Center |

** In Person Technology Classes & Additional Impacted Classes

(Additional impacted classes are: Winter CRNs 30924 and 30933 & Spring CRNs 41462 and 41464)

Each person must register for themselves. Students may not register for anyone else. Registration is first-come, first-served. If you miss the dates listed above, you may apply online at www.mtsac.edu/noncreditapp and contact the office to join the waitlist for the course.

Please contact our office if you have any questions, or if you need assistance.

909-274-4192 | awd@mtsac.edu

Additional Program Information

About the Adults with Disabilities (AWD) Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Course Modality

Course Modality refers to how a professor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your professor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Counseling

Our Adults with Disabilities (AWD) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

Class Descriptions

Budgeting and Money Skills

ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

ACCS ILMS: Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

Communication and Managing Relationships

ACCS ILSRR: Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

ACCS ILSHS: Independent Living Skills – Human Sexuality

Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

Functional Skills for Academic Success

ACCS MBS: Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

Lifelong Learning and Community Involvement

ACCS ELL01: Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

ACCS ILPLS: Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

ACCS ILSPC: Independent Living Skills – Personal Care

Daily living skills in personal care.

ACCS ILCS: Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

ACCS ILHFS: Independent Living Skills – Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

ACCS ILSD: Independent Living Skills - Self Determination

Self-determination skills for students including personal responsibility, choices, and skills and limits.

Personal Safety and Emergency Preparedness**ACCS ILSSS: Independent Living Skills – Safety Skills**

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

ACCS IAEP: Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

Preparing for a Career**ACCS SSW: Social Skills for the Workforce**

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

Mt. San Antonio College Classes (Mt. SAC)

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Location | Professor & Email |
|---------|---|-----|------------|----------|------------|----------|----------|---|
| **30725 | ELL01 Lifelong Learning | M | 9:00 AM | 11:30 AM | 1/6 | 2/10 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 30880 | ILPLS Practical Living Skills | M | 9:30 AM | 12:20 PM | 1/6 | 2/10 | 40-119 | Medina, Allison amedina41@mtsac.edu |
| 30737 | IBSID Introduction to Banking | M | 9:30 AM | 12:20 PM | 1/6 | 2/12 | 40-121 | Beltran, Jo Anne jbeltran66@mtsac.edu |
| **30726 | ELL01 Lifelong Learning | M | 12:30 PM | 3:00 PM | 1/6 | 2/10 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 30897 | RRW Rights and Responsibilities in the Workplace | M | 1:00 PM | 3:50 PM | 1/6 | 2/10 | 40-119 | Luu, Jennifer jluu15@mtsac.edu |
| 30891 | ILSPC Personal Care | T | 9:30 AM | 12:20 PM | 1/7 | 2/11 | 40-119 | Zapata, Kristine kzapata5@mtsac.edu |
| 30736 | IAEP Interacting with Emergency Personnel and Authorities | T | 9:30 AM | 12:20 PM | 1/7 | 2/11 | 40-121 | Ramirez, Briseida bramirezcatalan@mtsac.edu |
| 30727 | ELL01 Lifelong Learning | T | 9:30 AM | 12:20 PM | 1/7 | 2/11 | 80-1401 | Ndirangu-Mwathi, Agnes andirangu@mtsac.edu |
| 30898 | SSW Social Skills for the Workforce | T | 1:00 PM | 3:50 PM | 1/7 | 2/11 | 40-119 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 30895 | MBS Memory Building Skills | T | 1:00 PM | 3:50 PM | 1/7 | 2/11 | 40-121 | Hollenbeck, Greg ghollenbeck1@mtsac.edu |
| 30730 | ELL01 Lifelong Learning | W | 9:30 AM | 12:05 PM | 1/8 | 2/12 | 40-121 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 30893 | ILSRR Romantic Relationships | W | 9:30 AM | 12:20 PM | 1/8 | 2/12 | 80-1401 | Ramirez, Briseida bramirezcatalan@mtsac.edu |
| 30894 | ILSSS Safety Skills | W | 9:30 AM | 12:20 PM | 1/8 | 2/12 | 40-119 | Reyes, Oscar oreyes25@mtsac.edu |
| 30739 | ILCS Consumer Skills | W | 1:00 PM | 3:50 PM | 1/8 | 2/12 | 40-119 | Zapata, Kristine kzapata5@mtsac.edu |

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Location | Professor & Email |
|---------|-------------------------|-----|------------|----------|------------|----------|----------|---|
| 30731 | ELL01 Lifelong Learning | Th | 9:30 AM | 12:20 PM | 1/9 | 2/13 | 40-119 | Medina, Allison amedina41@mtsac.edu |
| 30877 | ILMS Money Skills | Th | 9:30 AM | 12:20 PM | 1/9 | 2/13 | 80-1401 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| **30732 | ELL01 Lifelong Learning | Th | 11:00 AM | 12:50 PM | 1/9 | 2/13 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 30885 | ILSD Self Determination | Th | 1:00 PM | 3:50 PM | 1/9 | 2/13 | 40-119 | Medina, Allison amedina41@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Location | Professor & Email |
|---------|---|-----|------------|----------|------------|----------|----------|---|
| **41605 | ELL01 Lifelong Learning | M | 9:00 AM | 11:30 AM | 2/24 | 6/16 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 41666 | ILPLS Practical Living Skills | M | 9:30 AM | 12:20 PM | 2/24 | 6/16 | 40-119 | Medina, Allison amedina41@mtsac.edu |
| 41642 | IBSID Banking for Students | M | 9:30 AM | 12:20 PM | 2/24 | 6/16 | 40-121 | Beltran, Jo Anne jbeltran66@mtsac.edu |
| **41606 | ELL01 Lifelong Learning | M | 12:30 PM | 3:00 PM | 2/24 | 6/16 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 41921 | RRW Rights and Responsibilities in the Workplace | M | 1:00 PM | 3:50 PM | 2/24 | 6/16 | 40-119 | Luu, Jennifer jluu15@mtsac.edu |
| 41673 | ILSPC Personal Care | T | 9:30 AM | 12:20 PM | 2/25 | 6/17 | 40-119 | Zapata, Kristine kzapata5@mtsac.edu |
| 41641 | IAEP Interacting with Emergency Personnel and Authorities | T | 9:30 AM | 12:20 PM | 2/25 | 6/17 | 40-121 | Ramirez, Briseida bramirezcatalan@mtsac.edu |
| 41607 | ELL01 Lifelong Learning | T | 9:30 AM | 12:20 PM | 2/25 | 6/17 | 80-1401 | Ndirangu-Mwathi, Agnes andirangu@mtsac.edu |
| 41922 | SSW Social Skills for the Workforce | T | 1:00 PM | 3:50 PM | 2/25 | 6/17 | 40-119 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 41680 | MBS Memory Building Skills | T | 1:00 PM | 3:50 PM | 2/25 | 6/17 | 40-121 | Hollenbeck, Greg ghollenbeck1@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Location | Professor & Email |
|---------|------------------------------|-----|------------|----------|------------|----------|----------|---|
| 41676 | ILSSS Safety Skills | W | 9:30 AM | 12:20 PM | 2/26 | 6/18 | 40-119 | Reyes, Oscar oreyes25@mtsac.edu |
| 41610 | ELL01 Lifelong Learning | W | 9:30 AM | 12:05 PM | 2/26 | 6/18 | 40-121 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 41675 | ILSRR Romantic Relationships | W | 9:30 AM | 12:20 PM | 2/26 | 6/18 | 80-1421 | Ramirez, Briseida bramirezcatalan@mtsac.edu |
| 41644 | ILCS Consumer Skills | W | 1:00 PM | 3:50 PM | 2/26 | 6/18 | 40-119 | Zapata, Kristine kzapata5@mtsac.edu |
| 41611 | ELL01 Lifelong Learning | Th | 9:30 AM | 12:20 PM | 2/27 | 6/12 | 40-119 | Medina, Allison amedina41@mtsac.edu |
| 41665 | ILMS Money Skills | Th | 9:30 AM | 12:20 PM | 2/27 | 6/12 | 80-1401 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| **41612 | ELL01 Lifelong Learning | Th | 11:00 AM | 12:50 PM | 2/27 | 6/12 | 40-126 | Zapata, Kristine kzapata5@mtsac.edu |
| 41670 | ILSD Self Determination | Th | 1:00 PM | 3:50 PM | 2/27 | 6/12 | 40-119 | Medina, Allison amedina41@mtsac.edu |

Cameron Park Community Center Classes (CMRNPK)

1305 E. Cameron Ave.
West Covina, CA 91790
Phone: (626) 919-6966

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|---|-----|------------|----------|------------|----------|-------------------------------------|
| 30892 | ILSPC Personal Care | M | 9:00 AM | 11:50 AM | 1/6 | 2/10 | Reyes, Oscar oreyes25@mtsac.edu |
| 31332 | ILHFS Health and Fitness Skills | T | 9:00 AM | 11:50 AM | 1/7 | 2/11 | Lemus, Ariana alemus36@mtsac.edu |
| 31225 | IAEP Interacting with Emergency Personnel and Authorities | W | 9:00 AM | 11:50 AM | 1/8 | 2/12 | TBA awd@mtsac.edu |
| 31333 | ILSRR Romantic Relationships | Th | 9:00 AM | 11:50 AM | 1/9 | 2/13 | TBA awd@mtsac.edu |
| 31334 | SSW Social Skills for the Workforce | F | 9:00 AM | 11:50 AM | 1/10 | 2/7 | TBA awd@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|---|-----|------------|----------|------------|----------|-------------------------------------|
| 41674 | ILSPC Personal Care | M | 9:00 AM | 11:50 AM | 2/24 | 6/16 | Reyes, Oscar oreyes25@mtsac.edu |
| 43491 | ILHFS Health and Fitness Skills | T | 9:00 AM | 11:50 AM | 2/25 | 6/17 | Lemus, Ariana alemus36@mtsac.edu |
| 43461 | IAEP Interacting with Emergency Personnel and Authorities | W | 9:00 AM | 11:50 AM | 2/26 | 6/18 | TBA awd@mtsac.edu |
| 43492 | ILSRR Romantic Relationships | Th | 9:00 AM | 11:50 AM | 2/27 | 6/12 | TBA awd@mtsac.edu |
| 43513 | SSW Social Skills for the Workforce | F | 9:00 AM | 11:50 AM | 2/28 | 6/20 | TBA awd@mtsac.edu |

La Verne Community Center Classes (LV)

3680 D St.

La Verne, CA 91750

Phone: (909) 596-8776

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|--|-----|------------|----------|------------|----------|---|
| 30882 | ILSBB Basic Budgeting and Money Management | M | 9:00 AM | 11:50 AM | 1/6 | 2/10 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 31229 | ILSSS Safety Skills | W | 9:00 AM | 11:50 AM | 1/8 | 2/12 | Luu, Jennifer jluu15@mtsac.edu |
| 31226 | ILSRR Romantic Relationships | F | 9:00 AM | 11:50 AM | 1/10 | 2/7 | Cardona, Yasmin ycardona3@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|--|-----|------------|----------|------------|----------|---|
| 41668 | ILSBB Basic Budgeting and Money Management | M | 9:00 AM | 11:50 AM | 2/24 | 6/16 | Espinoza, Laura lespinozarodriguez@mtsac.edu |
| 43464 | ILSSS Safety Skills | W | 9:00 AM | 11:50 AM | 2/26 | 6/18 | Luu, Jennifer jluu15@mtsac.edu |
| 43455 | ILSRR Romantic Relationships | F | 9:00 AM | 11:50 AM | 2/28 | 6/20 | Cardona, Yasmin ycardona3@mtsac.edu |

Palmview Park Classes (PVPK)

1340 E Puente Ave.
West Covina, CA 91790
Phone: (626) 919-6966

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---------|---------------------------------|-----|------------|----------|------------|----------|---|
| 30871 | ILHFS Health and Fitness Skills | M | 9:00 AM | 11:50 AM | 1/6 | 2/10 | Lemus, Ariana alemus36@mtsac.edu |
| 30884 | ILSD Self Determination | T | 9:00 AM | 12:05 PM | 1/7 | 2/11 | Cardona, Yasmin ycardona3@mtsac.edu |
| **30729 | ELL01 Lifelong Learning | W | 9:00 AM | 11:35 AM | 1/8 | 2/12 | Zapata, Kristine kzapata5@mtsac.edu |
| 30740 | ILCS Consumer Skills | Th | 9:00 AM | 12:05 PM | 1/9 | 2/13 | Ndirangu-Mwathi, Agnes andirangu@mtsac.edu |
| 31231 | ILMS Money Skills | F | 9:00 AM | 12:05 PM | 1/10 | 2/7 | Reyes, Oscar oreyes25@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|---------|---------------------------------|-----|------------|----------|------------|----------|---|
| 41648 | ILHFS Health and Fitness Skills | M | 9:00 AM | 11:50 AM | 2/24 | 6/16 | Lemus, Ariana alemus36@mtsac.edu |
| 41671 | ILSD Self Determination | T | 9:00 AM | 12:05 PM | 2/25 | 6/10 | Cardona, Yasmin ycardona3@mtsac.edu |
| **41609 | ELL01 Lifelong Learning | W | 9:00 AM | 11:35 AM | 2/26 | 6/18 | Zapata, Kristine kzapata5@mtsac.edu |
| 41646 | ILCS Consumer Skills | Th | 9:00 AM | 12:05 PM | 2/27 | 6/12 | Ndirangu-Mwathi, Agnes andirangu@mtsac.edu |
| 43462 | ILMS Money Skills | F | 9:00 AM | 12:05 PM | 2/28 | 6/20 | Reyes, Oscar oreyes25@mtsac.edu |

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|-------------------------------|-----|------------|----------|------------|----------|---|
| 30881 | ILPLS Practical Living Skills | T | 9:00 AM | 11:20 AM | 1/7 | 2/11 | Espinoza, Laura lespinozarodriguez@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|-------------------------------|-----|------------|----------|------------|----------|---|
| 41667 | ILPLS Practical Living Skills | T | 9:00 AM | 11:20 AM | 2/25 | 6/17 | Espinoza, Laura lespinozarodriguez@mtsac.edu |

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

Winter 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|---------------------------------|-----|------------|----------|------------|----------|-------------------------------------|
| 30872 | ILHFS Health and Fitness Skills | Th | 10:30 AM | 12:20 PM | 1/9 | 2/13 | Lemus, Ariana alemus36@mtsac.edu |

Spring 2025

| CRN | Class | Day | Start Time | End Time | Start Date | End Date | Professor & Email |
|-------|---------------------------------|-----|------------|----------|------------|----------|-------------------------------------|
| 41649 | ILHFS Health and Fitness Skills | Th | 10:30 AM | 11:55 AM | 2/27 | 6/12 | Lemus, Ariana alemus36@mtsac.edu |

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Digital Media Specialist, Microenterprise, Regenerative Communities, and/or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

Watercolor Painting (OAD FNA04)

Principles of watercolor painting. Emphasis will be on **creative expression** to develop **primary skills** for watercolor as they relate to composition and technique.



Wednesdays, 1:00 PM - 3:50 PM

Winter 2025: 1/8 - 2/12 (CRN 30921)

Spring 2025: 2/26 - 6/18 (CRN 41630)

Mt. SAC - Building 80, Classroom 1401

To register, attend class to complete and submit a Mt. SAC registration form to the instructor, or enroll online at www.mtsac.edu/sce/ea.



ea@mtsac.edu

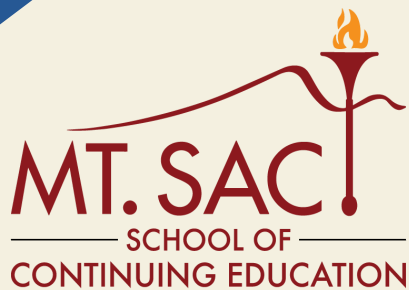


(909) 274-4192



mtsac.edu/ea

NEW



OAD MBH MUSIC & BRAIN HEALTH



Thursdays, 1:00 PM - 3:50 PM
Winter 2025: 1/9 - 2/13 (CRN 31238)
Spring 2025: 2/27 - 6/12 (CRN 43496)
Mt. SAC, Building 80 - Room 1401



Focus on **improving cognitive functions** through:

- engaging **musical** exercises
- **interactive** challenges
- **creating** your own music
- displaying your mastery of the material in a collaborative **performance**



eo@mtsac.edu



909-274-4192



mtsac.edu/eoa



SCHOOL OF CONTINUING EDUCATION STUDENT ONLINE SUPPORT

SCE SOS

Our Student Online Support program provides noncredit students with LIVE, one-on-one assistance and support to help you navigate, access, and succeed in your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Mountie Mail
- Noncredit Application
- Canvas
- Zoom
- And much more!

FALL 2024 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday 8:30am-4pm

FALL 2024 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 30, Rm 111)
Tuesday: 9am- 1pm (Bldg 66, Rm 171)
Tuesday: 9am- 1pm (Bldg 40, Rm 127)

HOW TO CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



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Semester Dates

Fall 2024

Registration is ongoing

Classes Begin: August 26, 2024

Classes End: December 22, 2024

Holidays: September 2, November 11, November 28, and November 29

Winter 2025

Registration Begins: November 6, 2024

Classes Begin: January 6, 2025

Classes End: February 16, 2025

Holidays: January 20 and February 14

Spring 2025

Registration Begins: November 6, 2024

Classes Begin: February 24, 2025

Classes End: June 22, 2025

Holidays: March 31, May 26, and June 19