Education for Older Adults (EOA)
Winter & Spring 2027 Classes



Winter Term: January 4 – February 11, 2027

Spring Term: February 23 – June 13, 2027

No Class: January 18, March 31, and May 31

Registration begins on November 12, 2026.

Contact Us

Phone

Registration inquiries: 909-274-4220

Program inquiries: 909-274-4192

Email

eoa@mtsac.edu

Website

www.mtsac.edu/eoa

Facebook

www.facebook.com/mtsaceoa

Instagram

www.instagram.com/mtsac_eoa

Website QR Code

Scan with your phone

Printed 11/6/2026.

Class details subject to change.

Class details are subject to change.

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All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/eoa

Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

Registration Information

Registration begins on Thursday, November 12, 2026.

How to Register for a Class

Students can register for classes online or in person.

To register online, complete the noncredit application online each registration period (Summer/Fall or Winter/Spring). After completing the noncredit application, we will email you a personalized registration link where you can select your classes. The noncredit application is available online at www.mtsac.edu/noncreditapp.

To register in person, complete a yellow registration card. This registration card serves as your application and registration document. You can get a blank yellow registration card from your professor. After filling it out completely, please give it back to your professor for processing.

To register for impacted classes, such as Computer Skills classes, see the following page for registration information.

Need Help?

Come see us in person! We have registration support dates out in the community at a location near you. See the following page for details.

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Winter & Spring 2027 Impacted Classes Registration Dates

If you would like to register for **in-person *Computer Skills*** class or ***other impacted classes***, you **must** attend the registration day at the location where you plan to take the class (*see schedule below*). You do not need to attend a registration day if you are not interested in taking impacted classes. Impacted classes are noted in the schedule book with an asterisk (*) next to the CRN number.

Date	Time	Location
Thursday, November 19	10am-12pm	Irwindale Senior Citizen's Center
Friday, November 20	10am-12pm	Gibson Senior Center, Upland
Monday, November 23	10am-12pm	Palomares Senior Center, Pomona
Tuesday, November 24	9am-11am	Montclair Senior Center
Wednesday, November 25	10am-12pm	Washington Park, Pomona
Tuesday, December 1	9am-11am	Diamond Bar Center
Thursday, December 3	10:30am-12:30pm	La Verne Community Center
Monday, December 7	9am-11am	La Puente Senior Center
Tuesday, December 8	9am-11am	West Covina Senior Citizen's Center
Wednesday, December 9	10am-12pm	Steinmetz Senior Center, Rowland Heights
Thursday, December 10	9am-11am	Walnut Senior Center
Friday, December 11	12pm-2pm	Bassett Senior Center, La Puente
Monday, December 14	9am-11am	San Dimas Senior/Community Center
Tuesday, December 15	9am-11am	Shadow Oak Park, West Covina
Wednesday, December 16	9am-11am	Covina Senior & Community Center

*** In Person Technology Classes & Additional Impacted Classes**

(*Additional impacted classes are: Winter CRNs 30882, 30882, 30893, 30915, 30918, 30922, 30923, 31431 & Spring CRNs 42219, 42279, 42280, 42281, 42213, 42213, 42232, 42289).*

Each person must register for themselves. Registration is first-come, first-served. If you miss the dates listed above, you may apply online at www.mtsac.edu/noncreditapp and contact the office to join the waitlist for the course.

Please contact our office if you have any questions, or if you need assistance.
909-274-4192 | eoa@mtsac.edu

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Additional Program Information

About the Education for Older Adults (EOA) Program

Mt. San Antonio College's School of Continuing Education offers classes for older adults that provide opportunities for personal growth and development, community involvement, and skills for mental and physical well-being. Classes are available online and at various senior centers, community centers, and residential facilities. These courses are designed for older adults (age 55+ years). Education for Older Adults (EOA) students enter class with different levels of real-world experience as well as a multitude of educational levels, age variances, and life skills.

Do you have questions about a class?

All faculty members teach their classes slightly differently based on their knowledge, expertise, and teaching philosophy. It is the policy of Mt. San Antonio College to maintain and encourage freedom for its faculty, within the law, of inquiry, teaching and research, and the pursuit of knowledge. If you have questions about a specific class, we encourage you to email the faculty member.

Course Modality

Course Modality refers to how a professor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your professor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Enrollment/Attendance Verification

If you are a participant in a program that requires enrollment and/or attendance verification (including CalFresh/Medical, childcare, unemployment, CTB, etc.), please inform a Mt. SAC staff member immediately so that we can assist you.

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Class Descriptions

Brain Health Classes

OAD BHTH1 Brain Health 1 - Introduction to Brain Training
Critical thinking and cognitive skills through understanding key structures and functions of the brain. Focus on maintaining and/or improving cognitive abilities through brain training.

OAD BHTH2 Brain Health 2 - Brain Health Topics
This course improves cognitive abilities by combining brain training with brain health topics/lectures to strengthen and improve brain function. Particular focus on how to live a brain healthy lifestyle.

OAD MBH Music and Brain Health
This course is designed to help older adults improve their overall cognitive health through the use of music.

Painting and Drawing

OAD FNA03 Oil Painting
Principles of drawing, design, color, and composition for oil painting emphasizing creative skill development for the older adult population.

OAD FNA04 Watercolor Painting
Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

OAD FNA06 Ceramics for Older Adults
Hands-on practice of ceramic fundamentals including wheel-throwing, hand-building, and glazing to improve health for older adults.

OAD FNA32 Drawing— Beginning-Advanced
Perceptual and technical skills of drawing. Focus on single objects, still life, and landscape.

Healthy Aging Classes

OAD FN Food and Nutrition for the Older Adult
Examine nutritional cooking strategies and basic nutrition principles that improve health and vitality for older adults.

OAD MOX01 Healthy Aging
Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

OAD MOX02 Healthy Aging - Principles of Slow Movement
Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility
Health aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintaining health while aging for the older adult population.

OAD MOX06 Healthy Aging - Principles of Aquatic Resistance
Healthy aging, including diet nutrition, disease prevention, and application of aquatic resistance principles to maintain health while aging for the older adult population.

OAD MOX08 Healthy Aging – Principles of Self-Defense
Practical self-defense techniques for older adults to maintain their independence and well-being. Participants will learn how to assess potential threats de-escalate situations and defend themselves effectively.

OAD MOX09 Healthy Aging – Principles of Progressive Resistance
Healthy aging, including diet, nutrition, disease prevention and application of progressive resistance training principles to maintain strength while aging.

OAD MOX11 Healthy Aging – Fall Prevention Balance and Mobility
Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

Lifelong Learning

OAD FLIT Financial Literacy in Retirement

Obtain knowledge and skills needed to successfully navigate and protect finances during retirement. Students will learn how to develop a well-rounded retirement budget that fits their individual needs.

OAD LS Writing Your Life Story

This course is designed to help older adults write their life stories. Through a series of lectures, activities, and writing exercises, students will learn the necessary skills to construct and document their life stories. The course will cover topics such as timeline creation, memory recall, life purpose, and the importance of sharing stories.

Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Baldwin Park Julia McNeil Senior Center Classes (BPSC)

4100 Baldwin Park Blvd.
Baldwin Park, CA 91706

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30872	FNA04	Watercolor Painting	Mon	9:00am	11:50am	1/4	2/8	Angelica Sanchez asanchez487@mtsac.edu
31026	MOX09	Principles of Progressive Resistance	MTW ThF	11:00am	12:05pm	1/4	2/11	Frank Ortiz fortiz27@mtsac.edu
30999	MOX04	Principles of Posture and Flexibility	Mon	1:00pm	2:05pm	1/4	2/8	Kenzie Barnes mbarnes35@mtsac.edu
31437	MOX11	Fall Prevention, Balance and Mobility	Tue	8:00am	8:50am	1/5	2/9	Marisa Fierro mfierro10@mtsac.edu
31443	MOX08	Principles of Self-Defense	Tue	11:00am	12:05pm	1/5	2/9	Erin McLaren emclaren@mtsac.edu
30892	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:50am	1/6	2/10	Angelica Sanchez asanchez487@mtsac.edu
30954	MOX01	Healthy Aging	Thu	8:00am	8:50am	1/7	2/11	Blanche Miranda bmiranda22@mtsac.edu
31048	MOX11	Fall Prevention, Balance and Mobility	Fri	8:00am	9:05am	1/8	2/5	Marisa Fierro mfierro10@mtsac.edu

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Baldwin Park Julia McNeil Senior Center Classes (BPSC)

4100 Baldwin Park Blvd.
Baldwin Park, CA 91706

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42215	FNA04	Watercolor Painting	Mon	9:00am	11:50am	2/22	6/7	Angelica Sanchez asanchez487@mtsac.edu
42485	MOX09	Principles of Progressive Resistance	MTW ThF	11:00am	12:05pm	2/22	6/11	Frank Ortiz fortiz27@mtsac.edu
42451	MOX04	Principles of Posture & Flexibility	Mon	1:00pm	2:05pm	2/22	6/7	Kenzie Barnes mbarnes35@mtsac.edu
42499	MOX11	Fall Prevention, Balance and Mobility	Tue	8:00am	8:50am	2/23	6/8	Marisa Fierro mfierro10@mtsac.edu
42482	MOX08	Principles of Self-Defense	Tue	11:00am	12:05pm	2/23	6/8	Erin McLaren emclaren@mtsac.edu
42238	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:50am	2/24	6/9	Angelica Sanchez asanchez487@mtsac.edu
42305	MOX01	Healthy Aging	Thu	8:00am	8:50am	2/25	6/10	Blanche Miranda bmiranda22@mtsac.edu
42494	MOX11	Fall Prevention, Balance and Mobility	Fri	8:00am	9:05am	2/26	6/11	Marisa Fierro mfierro10@mtsac.edu

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Baldwin Park Aquatic Center Classes (BPAQ)

4100 Baldwin Park Blvd.
Baldwin Park, CA 91706

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
31019	MOX06	Principles of Aquatic Resistance	MTWThF	8:00am	9:25am	1/4	2/11	Frank Ortiz fortiz27@mtsac.edu
31021	MOX06	Principles of Aquatic Resistance	MTWThF	9:30am	10:50am	1/4	2/11	Frank Ortiz fortiz27@mtsac.edu
31023	MOX06	Principles of Aquatic Resistance	MTWTh	7:15pm	8:05pm	1/4	2/11	Yamil Slim yslim1@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42477	MOX06	Principles of Aquatic Resistance	MTWThF	8:00am	9:20am	2/22	6/11	Frank Ortiz fortiz27@mtsac.edu
42478	MOX06	Principles of Aquatic Resistance	MTWThF	9:30am	10:50am	2/22	6/11	Frank Ortiz fortiz27@mtsac.edu
42479	MOX06	Principles of Aquatic Resistance	MTWTh	7:15pm	8:05pm	2/22	6/10	Yamil Slim yslim1@mtsac.edu

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MT. SAC
Mt. San Antonio College

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Bassett Senior Center Classes (BASSSC)

510 Vineland Ave.
La Puente, CA 91756

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
*31431	FNA04	Watercolor Painting	Mon	12:00pm	2:30pm	1/4	2/8	TBA eoa@mtsac.edu
31027	MOX09	Principles of Progressive Resistance	Wed	9:00am	9:50am	1/6	2/10	Shannon Clewley sclewley@mtsac.edu
30908	MBH	Music and Brain Health	Wed	12:00pm	2:10pm	1/6	2/10	Jinette Martinez jmartinez1063@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
*42219	FNA04	Watercolor Painting	Mon	12:00pm	2:30pm	2/22	6/7	TBA eoa@mtsac.edu
42484	MOX09	Principles of Progressive Resistance	Wed	9:00am	9:50am	2/24	6/9	Shannon Clewley sclewley@mtsac.edu
42277	MBH	Music and Brain Health	Wed	12:00pm	1:50pm	2/24	6/9	Jinette Martinez jmartinez1063@mtsac.edu

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Chino Senior Center Classes (CHISC)

13170 Central Ave.
Chino, CA 91710

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
31435	MOX01	Healthy Aging	Mon	9:00am	10:05am	1/4	2/8	TBA eoa@mtsac.edu
31439	MOX11	Fall Prevention, Balance and Mobility	Thu	8:30am	9:35am	1/7	2/11	Marisa Fierro mfierro10@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42314	MOX01	Healthy Aging	Mon	9:00am	10:05am	2/22	6/7	TBA eoa@mtsac.edu
42501	MOX11	Fall Prevention, Balance and Mobility	Thu	8:30am	9:35am	2/25	6/10	Marisa Fierro mfierro10@mtsac.edu

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Covina Senior & Community Center Classes (CSCC)

815 N. Barranca Ave.
Covina, CA 91723

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30926	MOX01	Healthy Aging	Mon	1:00pm	1:50pm	1/4	2/8	Candice Castro ccastro@mtsac.edu
31001	MOX04	Principles of Posture and Flexibility	Tue	9:00am	10:05am	1/5	2/9	Shannon Clewley sclewley@mtsac.edu
30898	LS	Writing Your Life Story	Tue	10:15am	12:05pm	1/5	2/9	Marianne Burch mburch1@mtsac.edu
30896	FNA32	Drawing-Beginning Through Advanced	Fri	9:00am	11:50am	1/8	2/5	Emma Limtiaco elimtiaco@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42285	MOX01	Healthy Aging	Mon	1:00pm	1:50pm	2/22	6/7	Candice Castro ccastro@mtsac.edu
42454	MOX04	Principles of Posture and Flexibility	Tue	9:00am	10:05am	2/23	6/8	Shannon Clewley sclewley@mtsac.edu
42266	LS	Writing Your Life Story	Tue	10:15am	12:05pm	2/23	6/8	Marianne Burch mburch1@mtsac.edu
42236	FNA32	Drawing-Beginning Through Advanced	Fri	9:00am	11:50am	2/26	6/11	Emma Limtiaco elimtiaco@mtsac.edu

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Mt. San Antonio College

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Covina Woman's Club (CWC)

128 S. San Jose Ave.
Covina, CA 91723

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30874	FNA04	Watercolor Painting	Mon	3:00pm	5:10pm	1/4	2/8	Michelle Emami memami@mtsac.edu
30906	MBH	Music and Brain Health	Tue	9:00am	10:50am	1/5	2/9	Jinette Martinez jmartinez1063@mtsac.edu
31041	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	1/5	2/9	Marisa Fierro mfierro10@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42211	FNA04	Watercolor Painting	Mon	3:00pm	5:10pm	2/22	6/7	Michelle Emami memami@mtsac.edu
42276	MBH	Music and Brain Health	Tue	9:00am	10:50am	2/23	6/8	Jinette Martinez jmartinez1063@mtsac.edu
42493	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	2/23	6/8	Marisa Fierro mfierro10@mtsac.edu

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Diamond Bar Center Classes (DBC)

1600 S. Grand Ave.
Diamond Bar, CA 91765

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30984	MOX04	Principles of Posture & Flexibility	Mon	8:00am	9:30am	1/4	2/8	Surendra Mehta smehta9@mtsac.edu
			Wed	9:00am	10:30am	1/6	2/10	
*30915	MOX01	Healthy Aging	MW	8:00am	8:50am	1/4	2/10	Kenzie Barnes mbarnes35@mtsac.edu
*30918	MOX01	Healthy Aging	MWF	9:00am	9:50am	1/4	2/10	Kenzie Barnes mbarnes35@mtsac.edu
*30923	MOX01	Healthy Aging	MWF	10:00am	10:50am	1/4	2/10	Kenzie Barnes mbarnes35@mtsac.edu
31004	MOX04	Principles of Posture & Flexibility	Tue	10:15am	11:20am	1/5	2/9	Elizabeth White ewhite31@mtsac.edu
31006	MOX04	Principles of Posture & Flexibility	Tue	11:25am	12:30pm	1/5	2/9	Elizabeth White ewhite31@mtsac.edu
30888	FNA32	Drawing	Tue	12:30pm	3:20pm	1/5	2/9	Michelle Emami memami@mtsac.edu
31455	MOX01	Healthy Aging	Tue	4:00pm	4:50pm	1/5	2/9	Kenzie Barnes mbarnes35@mtsac.edu
30978	MOX02	Principles of Slow Movement	Thu	8:00am	9:20am	1/7	2/11	Raea Figueroa-Darby adarby1@mtsac.edu
30979	MOX02	Principles of Slow Movement	Thu	9:30am	11:20am	1/7	2/11	Raea Figueroa-Darby adarby1@mtsac.edu
30879	FNA04	Watercolor Painting	Thu	1:00pm	3:50pm	1/7	2/11	Kelly Conte kconte@mtsac.edu
30902	LS	Writing Your Life Story	Thu	1:30pm	3:00pm	1/7	2/11	Marianne Burch mburch1@mtsac.edu
30897	FNA32	Drawing	Fri	1:00pm	3:10pm	1/8	2/5	Yasmin Cardona ycardona3@mtsac.edu

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Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Diamond Bar Center Classes (DBC)

1600 S. Grand Ave.
Diamond Bar, CA 91765

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42465	MOX04	Principles of Posture and Flexibility	Mon	8:00am	9:30am	2/22	6/7	Surendra Mehta smehta9@mtsac.edu
			Wed	9:00am	10:30am	2/22	6/7	
*42279	MOX01	Healthy Aging	MW	8:00am	8:50am	2/22	6/11	Kenzie Barnes mbarnes35@mtsac.edu
*42280	MOX01	Healthy Aging	MWF	9:00am	9:50am	2/22	6/11	Kenzie Barnes mbarnes35@mtsac.edu
*42281	MOX01	Healthy Aging	MWF	10:00am	10:50am	2/22	6/11	Kenzie Barnes mbarnes35@mtsac.edu
42469	MOX04	Principles of Posture and Flexibility	Tue	10:15am	11:20am	2/23	6/8	Elizabeth White ewhite31@mtsac.edu
42470	MOX04	Principles of Posture and Flexibility	Tue	11:25am	12:30pm	2/23	6/8	Elizabeth White ewhite31@mtsac.edu
42231	FNA32	Drawing-Beginning Through Advanced	Tue	12:30pm	3:20pm	2/23	6/8	Michelle Emami memami@mtsac.edu
43140	MOX01	Healthy Aging	Tue	4:00pm	4:50pm	2/23	6/8	Kenzie Barnes mbarnes35@mtsac.edu
42321	MOX02	Principles of Slow Movement	Thu	8:00am	9:20am	2/25	6/10	Raea Figueroa-Darby adarby1@mtsac.edu
42322	MOX02	Principles of Slow Movement	Thu	9:30am	11:20am	2/25	6/10	Raea Figueroa-Darby adarby1@mtsac.edu
42207	FNA04	Watercolor Painting	Thu	1:00pm	3:50pm	2/25	6/10	Kelly Conte kconte@mtsac.edu
42267	LS	Writing Your Life Story	Thu	1:30pm	3:00pm	2/25	6/10	Marianne Burch mburch1@mtsac.edu
42228	FNA32	Drawing-Beginning Through Advanced	Fri	1:00pm	3:05pm	2/26	6/11	Yasmin Cardona ycardona3@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

East San Gabriel Valley Japanese Community Center Classes (ESGVJC)

1203 W. Puente Ave.
West Covina, CA 91790

Winter 2027

No classes in Winter. See you in Spring!

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42488	MOX11	Fall Prevention, Balance and Mobility	Tue	12:50pm	1:55pm	2/23	6/8	Kenzie Barnes mbarnes35@mtsac.edu
42326	MOX02	Principles of Slow Movement	Wed	12:50pm	1:55pm	2/24	6/9	Erin McLaren emclaren@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/eoa

Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Gibson Senior Center Classes (GSC)

250 N. 3rd Ave.
Upland, CA 91786

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30903	MBH	Music and Brain Health	Mon	9:00am	11:10am	1/4	2/8	Jinette Martinez jmartinez1063@mtsac.edu
30974	MOX02	Principles of Slow Movement	Tue	4:30pm	5:20pm	1/5	2/9	Blanche Miranda bmiranda22@mtsac.edu
30894	FNA32	Drawing-Beginning Through Advanced	Thu	1:00pm	3:50pm	1/7	2/11	TBA eoa@mtsac.edu
*30882	FNA04	Watercolor Painting	Fri	12:55pm	3:45pm	1/8	1/29	Emma Limtiaco elimtiaco@mtsac.edu
				2:00pm	4:50pm	2/5	2/5	
31438	MOX11	Fall Prevention, Balance and Mobility	Sat	9:00am	10:05am	1/9	2/6	TBA eoa@mtsac.edu
30885	FNA06	Ceramics for Older Adults	Sat	9:30am	12:20pm	1/9	2/6	Bonnie Lee blee177@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/eoa

Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Gibson Senior Center Classes (GSC)

250 N. 3rd Ave.
Upland, CA 91786

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42275	MBH	Music and Brain Health	Mon	9:00am	11:10am	2/22	6/7	Jinette Martinez jmartinez1063@mtsac.edu
42330	MOX02	Principles of Slow Movement	Tue	4:30pm	5:20pm	2/23	6/8	Blanche Miranda bmiranda22@mtsac.edu
42235	FNA32	Drawing-Beginning Through Advanced	Thu	1:00pm	3:50pm	2/25	6/10	TBA eoa@mtsac.edu
*42213	FNA04	Watercolor Painting	Fri	2:00pm	4:50pm	2/26	4/23	Emma Limtiaco elimtiaco@mtsac.edu
				12:55pm	3:45pm	4/30	6/11	
42500	MOX11	Fall Prevention, Balance and Mobility	Sat	9:00am	10:05am	2/27	6/12	TBA eoa@mtsac.edu
42223	FNA06	Ceramics for Older Adults	Sat	9:30am	12:20pm	2/27	6/12	Bonnie Lee blee177@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Hacienda Heights Community Center Classes (HHCC)

1234 Valencia Ave.
Hacienda Heights, CA 91745

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30883	FNA06	Ceramics for Older Adults	Mon	9:00am	11:50am	1/4	2/8	Kelly Conte kconte@mtsac.edu
31440	MOX04	Principles of Posture and Flexibility	Mon	9:00am	9:50am	1/4	2/8	TBA eoa@mtsac.edu
31474	MOX02	Principles of Slow Movement	Tue	9:00am	9:50am	1/5	2/9	Blanche Miranda bmiranda22@mtsac.edu
30878	FNA04	Watercolor Painting	Thu	9:00am	11:50am	1/7	2/11	Angelica Sanchez asanchez487@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42221	FNA06	Ceramics for Older Adults	Mon	9:00am	11:50am	2/22	6/7	Kelly Conte kconte@mtsac.edu
42471	MOX04	Principles of Posture and Flexibility	Mon	9:00am	9:50am	2/22	6/7	TBA eoa@mtsac.edu
43125	MOX02	Principles of Slow Movement	Tue	9:00am	9:50am	2/23	6/8	Blanche Miranda bmiranda22@mtsac.edu
42216	FNA04	Watercolor Painting	Thu	9:00am	11:50am	2/25	6/10	Angelica Sanchez asanchez487@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Irwindale Senior Citizen's Center Classes (IRWN)

16116 Arrow Hwy.
Irwindale, CA 91706

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30964	MOX02	Principles of Slow Movement	MW	9:00am	9:50am	1/4	2/10	Raea Figueroa-Darby adarby1@mtsac.edu
30965	MOX02	Principles of Slow Movement	MW	10:00am	10:50am	1/4	2/10	Raea Figueroa-Darby adarby1@mtsac.edu
31477	MOX08	Principles of Self-Defense	Mon	1:00pm	2:05pm	1/4	2/8	TBA eoa@mtsac.edu
31040	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	1/5	2/9	Candice Castro ccastro@mtsac.edu
30958	MOX01	Healthy Aging	Thu	1:00pm	1:50pm	1/7	2/11	Kenzie Barnes mbarnes35@mtsac.edu
31016	MOX04	Principles of Posture and Flexibility	Fri	11:00am	11:50am	1/8	2/5	Danelle Cole dcole18@mtsac.edu
30963	MOX01	Healthy Aging	Fri	1:00pm	1:50pm	1/8	2/5	Blanche Miranda bmiranda22@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Irwindale Senior Citizen's Center Classes (IRWN)

16116 Arrow Hwy.
Irwindale, CA 91706

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42316	MOX02	Principles of Slow Movement	MW	9:00am	9:50am	2/22	6/9	Raea Figueroa-Darby adarby1@mtsac.edu
42319	MOX02	Principles of Slow Movement	MW	10:00am	10:50am	2/22	6/9	Raea Figueroa-Darby adarby1@mtsac.edu
43119	MOX08	Principles of Self-Defense	Mon	1:00pm	2:05pm	2/22	6/7	TBA eoa@mtsac.edu
42489	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	2/23	6/8	Candice Castro ccastro@mtsac.edu
42283	MOX01	Healthy Aging	Thu	1:00pm	1:50pm	2/25	6/10	Kenzie Barnes mbarnes35@mtsac.edu
42462	MOX04	Principles of Posture and Flexibility	Fri	11:00am	11:50am	2/26	6/11	Danelle Cole dcole18@mtsac.edu
42306	MOX01	Healthy Aging	Fri	1:00pm	1:50pm	2/26	6/11	Blanche Miranda bmiranda22@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Puente Community Center Classes (LPCC)

501 N. Glendora Ave.
La Puente, CA 91744

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30884	FNA06	Ceramics for Older Adults	Mon	4:00pm	6:15pm	1/4	2/8	Bonnie Lee blee177@mtsac.edu
30907	MBH	Music and Brain Health	Tue	9:55am	12:00pm	1/5	2/9	James Hartford jhartford@mtsac.edu
30945	MOX01	Healthy Aging	Wed	10:30am	11:20am	1/6	2/10	Candice Castro ccastro@mtsac.edu
31028	MOX09	Principles of Progressive Resistance	Thu	8:15am	9:40am	1/7	2/11	Kenzie Barnes mbarnes35@mtsac.edu
30895	FNA32	Drawing-Beginning Through Advanced	Fri	9:00am	11:50am	1/8	2/5	Bernard Johnson bjohnson98@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/eoa

Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Puente Community Center Classes (LPCC)

501 N. Glendora Ave.
La Puente, CA 91744

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42222	FNA06	Ceramics for Older Adults	Mon	4:00pm	6:15pm	2/22	6/7	Bonnie Lee blee177@mtsac.edu
42271	MBH	Music and Brain Health	Tue	9:55am	12:00pm	2/23	6/8	James Hartford jhartford@mtsac.edu
42286	MOX01	Healthy Aging	Wed	10:30am	11:20am	2/24	6/9	Candice Castro ccastro@mtsac.edu
42483	MOX09	Principles of Progressive Resistance	Thu	8:15am	9:40am	2/25	6/10	Kenzie Barnes mbarnes35@mtsac.edu
42234	FNA32	Drawing-Beginning Through Advanced	Fri	9:00am	11:50am	2/26	6/11	Bernard Johnson bjohnson98@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Puente Senior Center Classes (LPSC)

16001 E. Main St.,
La Puente, CA 91744

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
31441	MOX08	Principles of Self-Defense	Mon	12:00pm	1:05pm	1/4	2/8	Erin McLaren emclaren@mtsac.edu
30972	MOX02	Principles of Slow Movement	Tue	10:00am	10:50am	1/5	2/9	Blanche Miranda bmiranda22@mtsac.edu
30956	MOX01	Healthy Aging	Thu	10:00am	11:05am	1/7	2/11	Erin McLaren emclaren@mtsac.edu
31014	MOX04	Principles of Posture and Flexibility	Thu	12:30pm	1:20pm	1/7	2/11	Shannon Clewley sclewley@mtsac.edu
30865	FN	Food and Nutrition	Thu	1:30pm	3:50pm	1/7	2/11	TBA eoa@mtsac.edu
30880	FNA04	Watercolor Painting	Thu	1:30pm	4:20pm	1/7	2/11	Michelle Emami memami@mtsac.edu
31049	MOX11	Fall Prevention, Balance and Mobility	Fri	10:00am	10:50am	1/8	2/5	Shannon Clewley sclewley@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Puente Senior Center Classes (LPSC)

16001 E. Main St.,
La Puente, CA 91744

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42480	MOX08	Principles of Self-Defense	Mon	12:00pm	1:05pm	2/22	6/7	Erin McLaren emclaren@mtsac.edu
42329	MOX02	Principles of Slow Movement	Tue	10:00am	10:50am	2/23	6/8	Blanche Miranda bmiranda22@mtsac.edu
42302	MOX01	Healthy Aging	Thu	10:00am	11:05am	2/25	6/10	Erin McLaren emclaren@mtsac.edu
42458	MOX04	Principles of Posture and Flexibility	Thu	12:30pm	1:20pm	2/25	6/10	Shannon Clewley sclewley@mtsac.edu
42200	FN	Food and Nutrition	Thu	1:30pm	3:50pm	2/25	6/10	TBA eoa@mtsac.edu
42212	FNA04	Watercolor Painting	Thu	1:30pm	4:20pm	2/25	6/10	Michelle Emami memami@mtsac.edu
42491	MOX11	Fall Prevention, Balance and Mobility	Fri	10:00am	10:50am	2/26	6/11	Shannon Clewley sclewley@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Verne Community Center Classes

3680 D Street
La Verne, CA 91750

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30870	FNA04	Watercolor Painting	Mon	9:00am	11:10am	1/4	2/8	Michelle Emami memami@mtsac.edu
30931	MOX01	Healthy Aging	TTh	8:15am	9:35am	1/5	2/11	Danelle Cole dcole18@mtsac.edu
30875	FNA04	Watercolor Painting	Tue	9:00am	11:50am	1/5	2/9	Kelly Conte kconte@mtsac.edu
31042	MOX11	Fall Prevention, Balance and Mobility	Tue	1:30pm	2:20pm	1/5	2/9	Yamil Slim yslim1@mtsac.edu
*30893	FNA32	Drawing-Beginning Through Advanced	Thu	8:55am	12:00pm	1/7	2/11	Michelle Emami memami@mtsac.edu
30868	FNA03	Oil Painting	Thu	12:30pm	2:50pm	1/7	2/11	Atilio Pernisco apernisco@mtsac.edu
30981	MOX02	Principles of Slow Movement	Thu	1:00pm	2:50pm	1/7	2/11	Raea Figueroa-Darby adarby1@mtsac.edu
31046	MOX11	Fall Prevention, Balance and Mobility	Thu	1:30pm	2:20pm	1/7	2/11	Yamil Slim yslim1@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

La Verne Community Center Classes

3680 D Street
La Verne, CA 91750

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42209	FNA04	Watercolor Painting	Mon	9:00am	11:10am	2/22	6/7	Michelle Emami memami@mtsac.edu
42291	MOX01	Healthy Aging	TTh	8:15am	9:35am	2/23	6/10	Danelle Cole dcole18@mtsac.edu
42205	FNA04	Watercolor Painting	Tue	9:00am	11:50am	2/23	6/8	Kelly Conte kconte@mtsac.edu
42496	MOX11	Fall Prevention, Balance and Mobility	Tue	1:30pm	2:20pm	2/23	6/8	Yamil Slim yslim1@mtsac.edu
*42232	FNA32	Drawing-Beginning Through Advanced	Thu	8:55am	12:00pm	2/25	6/10	Michelle Emami memami@mtsac.edu
42203	FNA03	Oil Painting	Thu	12:30pm	2:50pm	2/25	6/10	Atilio Pernisco apernisco@mtsac.edu
42323	MOX02	Principles of Slow Movement	Thu	1:00pm	2:50pm	2/25	6/10	Raea Figueroa-Darby adarby1@mtsac.edu
42497	MOX11	Fall Prevention, Balance and Mobility	Thu	1:30pm	2:20pm	2/25	6/10	Yamil Slim yslim1@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Montclair Senior Center Classes (MONSC)

5111 Benito St.
Montclair, CA 91763

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30975	MOX02	Principles of Slow Movement	Wed	9:00am	10:30am	1/6	2/10	Min Peng mpeng15@mtsac.edu
31556	MOX04	Principles of Posture and Flexibility	Wed	9:00am	9:50am	1/6	2/10	TBA eoa@mtsac.edu
31557	MOX01	Healthy Aging	Wed	10:00am	10:50am	1/6	2/10	TBA eoa@mtsac.edu
31433	FNA06	Ceramics for Older Adults	Thu	1:00pm	3:50pm	1/7	2/11	Emma Limtiaco elimtiaco@mtsac.edu
31558	FNA03	Oil Painting	Fri	9:00am	11:50am	1/8	2/5	TBA eoa@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Montclair Senior Center Classes (MONSC)

5111 Benito St.
Montclair, CA 91763

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42337	MOX02	Principles of Slow Movement	Wed	9:00am	10:30am	2/24	6/9	Min Peng mpeng15@mtsac.edu
43659	MOX04	Principles of Posture and Flexibility	Wed	9:00am	9:50am	2/24	6/9	TBA eoa@mtsac.edu
43661	MOX01	Healthy Aging	Wed	10:00am	10:50am	2/24	6/9	TBA eoa@mtsac.edu
42225	FNA06	Ceramics for Older Adults	Thu	1:00pm	3:50pm	2/25	6/10	Emma Limtiaco elimtiaco@mtsac.edu
43660	FNA03	Oil Painting	Fri	9:00am	11:50am	2/26	6/11	TBA eoa@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

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Mt. San Antonio College Classes (Mt. SAC)

1101 N. Grand Ave.
Walnut, CA 91789

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Location
30909	MBH	Music and Brain Health	Thu	1:00pm	3:50pm	1/7	2/11	James Hartford jhartford@mtsac.edu	80-TBD

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Location
42272	MBH	Music and Brain Health	Thu	1:00pm	3:50pm	2/25	6/10	James Hartford jhartford@mtsac.edu	80-TBD

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Palomares Senior Center Classes (PSC)

499 E. Arrow Hwy.
Pomona, CA 91767

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30924	MOX01	Healthy Aging	MW	10:30am	11:20am	1/4	2/10	Erin McLaren emclaren@mtsac.edu
30886	FNA32	Drawing-Beginning Through Advanced	Mon	1:15pm	3:45pm	1/4	2/8	TBA eoa@mtsac.edu
31430	FLIT	Financial Literacy in Retirement	Tue	9:15am	10:45am	1/5	2/9	Melissa Alvarado malvarado133@mtsac.edu
30853	BHTH2	Brain Health 2	Tue	12:30pm	3:20pm	1/5	2/9	Marisa Fierro mfierro10@mtsac.edu
31045	MOX11	Fall Prevention, Balance and Mobility	Thu	11:30am	12:20pm	1/7	2/11	Leslie Hunnicutt lhunnicutt@mtsac.edu
30982	MOX02	Principles of Slow Movement	Thu	1:00pm	2:30pm	1/7	2/11	Blanche Miranda bmiranda22@mtsac.edu
30910	MBH	Music and Brain Health	Fri	9:15am	11:25am	1/8	2/5	James Hartford jhartford@mtsac.edu

All classes are tentative and may change based on enrollment, attendance, and the needs of our students and community partners. For the most current class schedule, visit our website: https://www.mtsac.edu/sce/eoa

Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

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Palomares Senior Center Classes (PSC)

499 E. Arrow Hwy.
Pomona, CA 91767

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42301	MOX01	Healthy Aging	MW	10:30am	11:20am	2/22	6/9	Erin McLaren emclaren@mtsac.edu
42230	FNA32	Drawing-Beginning Through Advanced	Mon	12:45pm	3:20pm	2/22	6/7	TBA eoa@mtsac.edu
42198	FLIT	Financial Literacy in Retirement	Tue	9:15am	10:45am	2/23	6/8	Melissa Alvarado malvarado133@mtsac.edu
42190	BHTH2	Brain Health 2	Tue	12:30pm	2:20pm	2/23	6/8	Marisa Fierro mfierro10@mtsac.edu
42495	MOX11	Fall Prevention, Balance and Mobility	Thu	11:30am	12:20pm	2/25	6/10	Leslie Hunnicutt lhunnicutt@mtsac.edu
42331	MOX02	Principles of Slow Movement	Thu	1:00pm	2:30pm	2/25	6/10	Blanche Miranda bmiranda22@mtsac.edu
42273	MBH	Music and Brain Health	Fri	9:15am	11:25am	2/26	6/11	James Hartford jhartford@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/eoa or register in-person with the professor.

Washington Park Classes (WPK)

865 E. Grand Ave.
Pomona, CA 91766

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30925	MOX01	Healthy Aging	MW	10:45am	11:35am	1/4	2/10	Vanessa Jones vjones11@mtsac.edu
31012	MOX04	Principles of Posture and Flexibility	Thu	10:45am	11:35am	1/7	2/11	Marisa Fierro mfierro10@mtsac.edu
31479	MOX11	Fall Prevention, Balance and Mobility	Fri	9:45am	10:35am	1/8	2/5	Marisa Fierro mfierro10@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42297	MOX01	Healthy Aging	MW	10:45am	11:35am	2/22	6/9	Vanessa Jones vjones11@mtsac.edu
42464	MOX04	Principles of Posture and Flexibility	Thu	10:45am	11:35am	2/25	6/10	Marisa Fierro mfierro10@mtsac.edu
43127	MOX11	Fall Prevention, Balance and Mobility	Fri	9:45am	10:35am	2/26	6/11	Marisa Fierro mfierro10@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/eoa or register in-person with the professor.

Rowland Heights Community Center Classes (PATH)

18150 Pathfinder Rd.,
Rowland Heights, CA 91748

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30936	MOX01	Healthy Aging	Tue	10:30am	11:45am	1/5	2/9	Kenzie Barnes mbarnes35@mtsac.edu
31011	MOX04	Principles of Posture and Flexibility	Thu	10:30am	11:45am	1/7	2/11	Kenzie Barnes mbarnes35@mtsac.edu
31444	MOX09	Principles of Progressive Resistance	Fri	12:30pm	1:35pm	1/8	2/5	Kenzie Barnes mbarnes35@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42282	MOX01	Healthy Aging	Tue	10:30am	11:45am	2/23	6/8	Kenzie Barnes mbarnes35@mtsac.edu
42453	MOX04	Principles of Posture and Flexibility	Thu	10:30am	11:45am	2/25	6/10	Kenzie Barnes mbarnes35@mtsac.edu
42486	MOX09	Principles of Progressive Resistance	Fri	12:30pm	1:35pm	2/26	6/11	Kenzie Barnes mbarnes35@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

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MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

San Angelo Park Classes (SAP)

245 S. San Angelo Ave.,
La Puente, CA 91746

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30873	FNA04	Watercolor Painting	Mon	12:00pm	2:10pm	1/4	2/8	Michelle Emami memami@mtsac.edu
30970	MOX02	Principles of Slow Movement	Tue	9:00am	10:20am	1/5	2/9	Erin McLaren emclaren@mtsac.edu
30960	MOX01	Healthy Aging	Fri	9:30am	10:35am	1/8	2/5	Candice Castro ccastro@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42210	FNA04	Watercolor Painting	Mon	12:00pm	2:10pm	2/22	6/7	Michelle Emami memami@mtsac.edu
42325	MOX02	Principles of Slow Movement	Tue	9:00am	10:20am	2/23	6/8	Erin McLaren emclaren@mtsac.edu
42287	MOX01	Healthy Aging	Fri	9:30am	10:35am	2/26	6/11	Candice Castro ccastro@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

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Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30921	MOX01	Healthy Aging	Mon	9:30am	10:20am	1/4	2/8	Candice Castro ccastro@mtsac.edu
30876	FNA04	Watercolor Painting	Tue	1:00pm	4:05pm	1/5	2/9	Kelly Conte kconte@mtsac.edu
30900	LS	Writing Your Life Story	Tue	5:30pm	7:00pm	1/5	2/9	Marisa Fierro mfierro10@mtsac.edu
30890	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:50am	1/6	2/10	Atilio Pernisco apernisco@mtsac.edu
31472	BHTH1	Brain Health 1	Wed	1:15pm	4:05pm	1/6	2/10	Karena Friedman kfriedman@mtsac.edu
30852	BHTH1	Brain Health 1	Thu	1:15pm	4:05pm	1/7	2/11	Karena Friedman kfriedman@mtsac.edu
31432	FNA06	Ceramics for Older Adults	Thu	6:00pm	8:15pm	1/7	2/11	Bonnie Lee blee177@mtsac.edu
30961	MOX01	Healthy Aging	Fri	9:30am	10:20am	1/8	2/5	Erin McLaren emclaren@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42284	MOX01	Healthy Aging	Mon	9:30am	10:20am	2/22	6/7	Candice Castro ccastro@mtsac.edu
42206	FNA04	Watercolor Painting	Tue	1:00pm	4:05pm	2/23	6/8	Kelly Conte kconte@mtsac.edu
42268	LS	Writing Your Life Story	Tue	5:30pm	7:00pm	2/23	6/8	Marisa Fierro mfierro10@mtsac.edu
42237	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:50am	2/24	6/9	Atilio Pernisco apernisco@mtsac.edu
42191	BHTH2	Brain Health 2	Wed	1:15pm	3:35pm	2/24	6/9	Karena Friedman kfriedman@mtsac.edu
42189	BHTH1	Brain Health 1	Thu	1:15pm	3:35pm	2/25	6/10	Karena Friedman kfriedman@mtsac.edu
42224	FNA06	Ceramics for Older Adults	Thu	6:00pm	8:15pm	2/25	6/10	TBA eoa@mtsac.edu
42303	MOX01	Healthy Aging	Fri	9:30am	10:20am	2/26	6/11	Erin McLaren emclaren@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Register online at www.mtsac.edu/eoa or register in-person with the professor.

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.,
San Dimas, CA 91773

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30930	MOX01	Healthy Aging	TTh	8:00am	8:50am	1/5	2/11	Vanessa Jones vjones11@mtsac.edu
30971	MOX02	Principles of Slow Movement	Tue	9:00am	10:05am	1/5	2/9	Min Peng mpeng15@mtsac.edu
30943	MOX01	Healthy Aging	Wed	9:30am	10:20am	1/6	2/10	Vanessa Jones vjones11@mtsac.edu
31010	MOX04	Principles of Posture and Flexibility	Thu	9:00am	10:20am	1/7	2/11	Shannon Clewley sclewley@mtsac.edu
30983	MOX02	Principles of Slow Movement	Fri	9:00am	10:20am	1/8	2/5	Min Peng mpeng15@mtsac.edu
31015	MOX04	Principles of Posture and Flexibility	Fri	10:30am	11:35am	1/8	2/5	Andrea Anello aanello@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Enroll in tuition-free college classes for older adults!

MT. SAC
Mt. San Antonio College

Register online at www.mtsac.edu/eoa or register in-person with the professor.

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.,
San Dimas, CA 91773

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42298	MOX01	Healthy Aging	TTh	8:00am	8:50am	2/23	6/10	Vanessa Jones vjones11@mtsac.edu
42335	MOX02	Principles of Slow Movement	Tue	9:00am	10:05am	2/23	6/8	Min Peng mpeng15@mtsac.edu
42300	MOX01	Healthy Aging	Wed	9:30am	10:20am	2/24	6/9	Vanessa Jones vjones11@mtsac.edu
42455	MOX04	Principles of Posture and Flexibility	Thu	9:00am	10:20am	2/25	6/10	Shannon Clewley sclewley@mtsac.edu
42340	MOX02	Principles of Slow Movement	Fri	9:00am	10:20am	2/26	6/11	Min Peng mpeng15@mtsac.edu
42450	MOX04	Principles of Posture and Flexibility	Fri	10:30am	11:35am	2/26	6/11	Andrea Anello aanello@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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San Dimas Swim & Racquet Club Classes (SDSR)

990 W. Covina Blvd.
San Dimas, CA 91773

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
31020	MOX06	Principles of Aquatic Resistance	MF	8:45am	9:35am	1/4	2/8	Leslie Hunnicutt lhunnicutt@mtsac.edu
31022	MOX06	Principles of Aquatic Resistance	MF	9:45am	10:35am	1/4	2/8	Leslie Hunnicutt lhunnicutt@mtsac.edu
31024	MOX06	Principles of Aquatic Resistance	TWTh	8:45am	9:35am	1/5	2/11	Karena Friedman kfriedman@mtsac.edu
31025	MOX06	Principles of Aquatic Resistance	TWTh	9:45am	10:35am	1/5	2/11	Karena Friedman kfriedman@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42475	MOX06	Principles of Aquatic Resistance	MF	8:45am	9:35am	2/22	6/11	Leslie Hunnicutt lhunnicutt@mtsac.edu
42476	MOX06	Principles of Aquatic Resistance	MF	9:45am	10:35am	2/22	6/11	Leslie Hunnicutt lhunnicutt@mtsac.edu
42473	MOX06	Principles of Aquatic Resistance	TWTh	8:45am	9:35am	2/23	6/10	Karena Friedman kfriedman@mtsac.edu
42474	MOX06	Principles of Aquatic Resistance	TWTh	9:45am	10:35am	2/23	6/10	Karena Friedman kfriedman@mtsac.edu

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Sunshine Park Classes (SUNP)

515 Deepmead Ave.,
La Puente, CA 91744

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30904	MBH	Music and Brain Health	Mon	9:55am	12:05pm	1/4	2/8	James Hartford jhartford@mtsac.edu
31000	MOX04	Principles of Posture and Flexibility	Tue	10:00am	10:50am	1/5	2/9	TBA eoa@mtsac.edu
31043	MOX11	Fall Prevention, Balance and Mobility	Wed	10:30am	11:35am	1/6	2/10	Andrea Anello aanello@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42269	MBH	Music and Brain Health	Mon	9:55am	12:05pm	2/22	6/7	James Hartford jhartford@mtsac.edu
42452	MOX04	Principles of Posture and Flexibility	Tue	10:00am	10:50am	2/23	6/8	TBA eoa@mtsac.edu
42487	MOX11	Fall Prevention, Balance and Mobility	Wed	10:30am	11:35am	2/24	6/9	Andrea Anello aanello@mtsac.edu

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Walnut Senior Center Classes (WALT)

21215 La Puente Rd.
Walnut, CA 91789

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30914	MOX01	Healthy Aging	MWF	8:00am	9:05am	1/4	2/10	Andrea Anello aanello@mtsac.edu
*30922	MOX01	Healthy Aging	MWF	9:30am	10:35am	1/4	2/10	Danelle Cole dcole18@mtsac.edu
30933	MOX01	Healthy Aging	Tue	9:00am	9:50am	1/5	2/9	Elizabeth White ewhite31@mtsac.edu
31478	BHTH1	Brain Health 1	Tue	9:00am	11:50am	1/5	2/9	TBA eoa@mtsac.edu
30937	MOX01	Healthy Aging	Tue	12:45pm	1:50pm	1/5	2/9	Danelle Cole dcole18@mtsac.edu
31008	MOX04	Principles of Posture and Flexibility	Wed	10:45am	11:50am	1/6	2/10	Danelle Cole dcole18@mtsac.edu
30866	FNA03	Oil Painting	Wed	1:00pm	3:50pm	1/6	2/10	Kelly Conte kconte@mtsac.edu
30867	FNA03	Oil Painting	Thu	9:00am	11:50am	1/7	2/11	Kelly Conte kconte@mtsac.edu

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Walnut Senior Center Classes (WALT)

21215 La Puente Rd.
Walnut, CA 91789

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42278	MOX01	Healthy Aging	MWF	8:00am	9:05am	2/22	6/11	Andrea Anello aanello@mtsac.edu
*42289	MOX01	Healthy Aging	MWF	9:30am	10:35am	2/22	6/11	Danelle Cole dcole18@mtsac.edu
42312	MOX01	Healthy Aging	Tue	9:00am	9:50am	2/23	6/8	Elizabeth White ewhite31@mtsac.edu
43122	BHTH2	Brain Health 2	Tue	9:00am	11:20am	2/23	6/8	TBA eoa@mtsac.edu
42292	MOX01	Healthy Aging	Tue	12:45pm	1:50pm	2/23	6/8	Danelle Cole dcole18@mtsac.edu
42461	MOX04	Principles of Posture and Flexibility	Wed	10:45am	11:50am	2/24	6/9	Danelle Cole dcole18@mtsac.edu
42201	FNA03	Oil Painting	Wed	1:00pm	3:50pm	2/24	6/9	Kelly Conte kconte@mtsac.edu
42202	FNA03	Oil Painting	Thu	9:00am	11:50am	2/25	6/10	Kelly Conte kconte@mtsac.edu

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West Covina Senior Citizen's Center Classes (WCSCC)

2501 E. Cortez St.
West Covina, CA 91791

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30920	MOX01	Healthy Aging	Mon	9:00am	9:50am	1/4	2/8	TBA eoa@mtsac.edu
30966	MOX02	Principles of Slow Movement	Mon	12:00pm	1:25pm	1/4	2/8	Blanche Miranda bmiranda22@mtsac.edu
30969	MOX02	Principles of Slow Movement	Mon	1:30pm	2:55pm	1/4	2/8	Blanche Miranda bmiranda22@mtsac.edu
31475	MOX08	Principles of Self-Defense	Tue	9:00am	9:50am	1/5	2/9	TBA eoa@mtsac.edu
31003	MOX04	Principles of Posture and Flexibility	TTh	10:00am	10:50am	1/5	2/11	Danelle Cole dcole18@mtsac.edu
31005	MOX04	Principles of Posture and Flexibility	TTh	11:00am	11:50am	1/5	2/11	Danelle Cole dcole18@mtsac.edu
31009	MOX04	Principles of Posture and Flexibility	Wed	1:00pm	2:30pm	1/6	2/10	Surendra Mehta smehta9@mtsac.edu
31473	FNA06	Ceramics for Older Adults	Thu	9:00am	11:50am	1/7	2/11	Emma Limtiaco elimtiaco@mtsac.edu
30959	MOX01	Healthy Aging	Fri	9:00am	9:50am	1/8	2/5	Raea Figueroa-Darby adarby1@mtsac.edu
30962	MOX01	Healthy Aging	Fri	10:00am	10:50am	1/8	2/5	Raea Figueroa-Darby adarby1@mtsac.edu
30881	FNA04	Watercolor Painting	Fri	10:00am	12:30pm	1/8	2/5	Kelly Conte kconte@mtsac.edu

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West Covina Senior Citizen's Center Classes (WCSCC)

2501 E. Cortez St.
West Covina, CA 91791

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42313	MOX01	Healthy Aging	Mon	9:00am	9:50am	2/22	6/7	Shelby White-Tremazi swhite@mtsac.edu
42327	MOX02	Principles of Slow Movement	Mon	12:00pm	1:25pm	2/22	6/7	Blanche Miranda bmiranda22@mtsac.edu
43113	MBH	Music and Brain Health	Mon	12:45pm	2:35pm	2/22	6/7	Jinette Martinez jmartinez1063@mtsac.edu
42328	MOX02	Principles of Slow Movement	Mon	1:30pm	2:55pm	2/22	6/7	Blanche Miranda bmiranda22@mtsac.edu
43115	MOX08	Principles of Self-Defense	Tue	9:00am	9:50am	2/23	6/8	TBA eoa@mtsac.edu
42459	MOX04	Principles of Posture and Flexibility	TTh	10:00am	10:50am	2/23	6/10	Danelle Cole dcole18@mtsac.edu
42460	MOX04	Principles of Posture and Flexibility	TTh	11:00am	11:50am	2/23	6/10	Danelle Cole dcole18@mtsac.edu
42467	MOX04	Principles of Posture and Flexibility	Wed	1:00pm	2:30pm	2/24	6/9	Surendra Mehta smehta9@mtsac.edu
43112	FNA06	Ceramics for Older Adults	Thu	9:00am	11:50am	2/25	6/10	Emma Limtiaco elimtiaco@mtsac.edu
42294	MOX01	Healthy Aging	Fri	9:00am	9:50am	2/26	6/11	Raea Figueroa-Darby adarby1@mtsac.edu
42295	MOX01	Healthy Aging	Fri	10:00am	10:50am	2/26	6/11	Raea Figueroa-Darby adarby1@mtsac.edu
42208	FNA04	Watercolor Painting	Fri	10:00am	12:30pm	2/26	6/11	Kelly Conte kconte@mtsac.edu

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

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Shadow Oak Park Classes (SOP)

2121 Shadow Oak Dr.
West Covina, CA 91792

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
30947	MOX01	Healthy Aging	Wed	10:30am	11:20am	1/6	2/10	Leslie Hunnicutt lhunnicutt@mtsac.edu
30864	FN	Food and Nutrition	Thu	9:00am	11:50am	1/7	2/11	TBA eoa@mtsac.edu
31442	MOX08	Principles of Self-Defense	Thu	12:00pm	1:05pm	1/7	2/11	Erin McLaren emclaren@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42296	MOX01	Healthy Aging	Wed	10:30am	11:20am	2/24	6/9	Leslie Hunnicutt lhunnicutt@mtsac.edu
42199	FN	Food and Nutrition	Thu	9:00am	11:50am	2/25	6/10	TBA eoa@mtsac.edu
42481	MOX08	Principles of Self-Defense	Thu	12:00pm	1:05pm	2/25	6/10	Erin McLaren emclaren@mtsac.edu

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William Steinmetz Senior Center Classes (WSSC)

1545 S. Stimson Ave.,
Hacienda Heights, CA 91745

Winter 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
31434	FNA06	Ceramics for Older Adults	Mon	9:00am	11:50am	1/4	2/8	Bernard Johnson bjohnson98@mtsac.edu
30887	FNA32	Drawing-Beginning Through Advanced	Tue	9:00am	11:50am	1/5	2/9	Bernard Johnson bjohnson98@mtsac.edu
30946	MOX01	Healthy Aging	Wed	10:30am	11:20am	1/6	2/10	Shannon Clewley sclewley@mtsac.edu
31013	MOX04	Principles of Posture and Flexibility	Thu	11:10am	12:00pm	1/7	2/11	Shannon Clewley sclewley@mtsac.edu

Spring 2027

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email
42226	FNA06	Ceramics for Older Adults	Mon	9:00am	11:50am	2/22	6/7	Bernard Johnson bjohnson98@mtsac.edu
42233	FNA32	Drawing-Beginning Through Advanced	Tue	9:00am	11:50am	2/23	6/8	Bernard Johnson bjohnson98@mtsac.edu
42288	MOX01	Healthy Aging	Wed	10:30am	11:20am	2/24	6/9	Shannon Clewley sclewley@mtsac.edu
42456	MOX04	Principles of Posture and Flexibility	Thu	11:10am	12:00pm	2/25	6/10	Shannon Clewley sclewley@mtsac.edu

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Online Classes

Winter 2027 - Monday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
30913	MOX01	Healthy Aging	Mon	7:15am	8:25am	1/4	2/8	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
30917	MOX01	Healthy Aging	Mon	7:45am	8:50am	1/4	2/8	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
30916	MOX01	Healthy Aging	Mon	8:00am	8:50am	1/4	2/8	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30985	MOX04	Principles of Posture and Flexibility	Mon	8:30am	9:55am	1/4	2/8	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30871	FNA04	Watercolor Painting	Mon	9:00am	11:50am	1/4	2/8	Atilio Pernisco apernisco@mtsac.edu	ONLINE - Synchronous
30919	MOX01	Healthy Aging	Mon	9:00am	9:50am	1/4	2/8	Marisa Fierro mfierro10@mtsac.edu	ONLINE - Synchronous
31034	MOX11	Fall Prevention, Balance and Mobility	Mon	10:00am	11:25am	1/4	2/8	Andrea Anello aanello@mtsac.edu	ONLINE - Synchronous
31035	MOX11	Fall Prevention, Balance and Mobility	Mon	10:00am	11:25am	1/4	2/8	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30986	MOX04	Principles of Posture and Flexibility	Mon	11:30am	12:55pm	1/4	2/8	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous
30967	MOX02	Principles of Slow Movement	Mon	12:30pm	1:20pm	1/4	2/8	Raea Figueroa-Darby adarby1@mtsac.edu	ONLINE - Synchronous
31036	MOX11	Fall Prevention, Balance and Mobility	Mon	1:00pm	2:05pm	1/4	2/8	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
30987	MOX04	Principles of Posture and Flexibility	MW	7:00pm	7:50pm	1/4	2/10	Dhruti Ramchandani dpatel16@mtsac.edu	ONLINE - Synchronous

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Online Classes

Winter 2027 - Tuesday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
30988	MOX04	Principles of Posture and Flexibility	Tue	7:15am	8:25am	1/5	2/9	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
30929	MOX01	Healthy Aging	Tue	8:00am	8:50am	1/5	2/9	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30989	MOX04	Principles of Posture and Flexibility	Tue	9:00am	9:50am	1/5	2/9	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
31029	MOX09	Principles of Progressive Resistance	Tue	9:00am	9:50am	1/5	2/9	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
31030	MOX09	Principles of Progressive Resistance	Tue	10:00am	10:50am	1/5	2/9	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30935	MOX01	Healthy Aging	Tue	10:00am	10:50am	1/5	2/9	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
30990	MOX04	Principles of Posture and Flexibility	Tue	10:00am	10:50am	1/5	2/9	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
31037	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	1/5	2/9	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous
30854	BHTH2	Brain Health 2	Tue	1:00pm	3:35pm	1/5	2/9	TBA eoa@mtsac.edu	Asynch **Zoom 1-2:30pm**
30863	FN	Food and Nutrition	Tue	2:45pm	4:10pm	1/5	2/9	Miranda Zhan gzhan3@mtsac.edu	ONLINE - Synchronous
30991	MOX04	Principles of Posture and Flexibility	TTh	6:30pm	7:50pm	1/5	2/11	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous

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Online Classes

Winter 2027 - Wednesday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
30938	MOX01	Healthy Aging	Wed	7:15am	8:25am	1/6	2/10	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
30940	MOX01	Healthy Aging	Wed	7:45am	8:50am	1/6	2/10	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
30939	MOX01	Healthy Aging	Wed	8:00am	8:50am	1/6	2/10	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30992	MOX04	Principles of Posture and Flexibility	Wed	8:30am	9:55am	1/6	2/10	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30941	MOX01	Healthy Aging	Wed	9:00am	9:50am	1/6	2/10	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30889	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:30am	1/6	2/10	Kelly Conte kconte@mtsac.edu	ONLINE - Synchronous
30851	BHTH1	Brain Health 1	Wed	9:00am	11:35am	1/6	2/10	TBA eoa@mtsac.edu	Asynch **Zoom 9-10:30am**
30942	MOX01	Healthy Aging	Wed	9:00am	9:50am	1/6	2/10	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
31039	MOX11	Fall Prevention, Balance and Mobility	Wed	10:00am	11:25am	1/6	2/10	Elizabeth White ewhite31@mtsac.edu	ONLINE - Synchronous
31038	MOX11	Fall Prevention, Balance and Mobility	Wed	10:00am	11:25am	1/6	2/10	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30993	MOX04	Principles of Posture and Flexibility	Wed	11:30am	12:55pm	1/6	2/10	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous

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Online Classes

Winter 2027 - Thursday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
30994	MOX04	Principles of Posture and Flexibility	Thu	7:15am	8:25am	1/7	2/11	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
30948	MOX01	Healthy Aging	Thu	8:00am	8:50am	1/7	2/11	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30995	MOX04	Principles of Posture and Flexibility	Thu	9:00am	9:50am	1/7	2/11	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
31031	MOX09	Principles of Progressive Resistance	Thu	9:00am	9:50am	1/7	2/11	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30968	MOX02	Principles of Slow Movement	Thu	9:00am	9:50am	1/7	2/11	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
31032	MOX09	Principles of Progressive Resistance	Thu	10:00am	10:50am	1/7	2/11	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30949	MOX01	Healthy Aging	Thu	10:00am	10:50am	1/7	2/11	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
30950	MOX01	Healthy Aging	Thu	11:00am	11:50am	1/7	2/11	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
30901	LS	Writing Your Life Story	Thu	1:00pm	3:35pm	1/7	2/11	Marisa Fierro mfierro10@mtsac.edu	Asynch **Zoom 1-2:30pm**

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Online Classes

Winter 2027 - Friday & Saturday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
31033	MOX09	Principles of Progressive Resistance	Fri	7:15am	8:20am	1/8	2/5	Kenzie Barnes mbarnes35@mtsac.edu	ONLINE - Synchronous
30951	MOX01	Healthy Aging	Fri	7:45am	8:50am	1/8	2/5	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
30996	MOX04	Principles of Posture and Flexibility	Fri	8:30am	9:55am	1/8	2/5	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30952	MOX01	Healthy Aging	Fri	9:00am	10:35am	1/8	2/5	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
31050	MOX11	Fall Prevention, Balance and Mobility	Fri	10:00am	11:25am	1/8	2/5	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
30997	MOX04	Principles of Posture and Flexibility	Fri	11:30am	12:55pm	1/8	2/5	Raea Figueroa-Darby adarby1@mtsac.edu	ONLINE - Synchronous
30912	MBH	Music and Brain Health	Fri	1:00pm	3:10pm	1/8	2/5	Jinette Martinez jmartinez1063@mtsac.edu	ONLINE - Synchronous
30953	MOX01	Healthy Aging	Sat	8:00am	9:50am	1/9	2/6	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous

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Online Classes

Spring 2027 - Monday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
41873	MOX01	Healthy Aging	Mon	7:15am	8:25am	2/22	6/7	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
41866	MOX01	Healthy Aging	Mon	7:45am	8:50am	2/22	6/7	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
41860	MOX01	Healthy Aging	Mon	8:00am	8:50am	2/22	6/7	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41976	MOX04	Principles of Posture and Flexibility	Mon	8:30am	9:55am	2/22	6/7	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41852	FNA04	Watercolor Painting	Mon	9:00am	11:50am	2/22	6/7	Atilio Pernisco apernisco@mtsac.edu	ONLINE - Synchronous
41869	MOX01	Healthy Aging	Mon	9:00am	9:50am	2/22	6/7	Marisa Fierro @mtsac.edu	ONLINE - Synchronous
41990	MOX11	Fall Prevention, Balance and Mobility	Mon	10:00am	11:25am	2/22	6/7	Andrea Anello aanello@mtsac.edu	ONLINE - Synchronous
41992	MOX11	Fall Prevention, Balance and Mobility	Mon	10:00am	11:25am	2/22	6/7	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41982	MOX04	Principles of Posture and Flexibility	Mon	11:30am	12:55pm	2/22	6/7	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous
41970	MOX02	Principles of Slow Movement	Mon	12:30pm	1:20pm	2/22	6/7	Raea Figueroa-Darby adarby1@mtsac.edu	ONLINE - Synchronous
41991	MOX11	Fall Prevention, Balance and Mobility	Mon	1:00pm	2:05pm	2/22	6/7	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
41979	MOX04	Principles of Posture and Flexibility	MW	7:00pm	7:50pm	2/22	6/9	Dhruti Ramchandani dpatel16@mtsac.edu	ONLINE - Synchronous

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Online Classes

Spring 2027 - Tuesday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
41980	MOX04	Principles of Posture and Flexibility	Tue	7:15am	8:25am	2/23	6/8	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
41861	MOX01	Healthy Aging	Tue	8:00am	8:50am	2/23	6/8	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41972	MOX04	Principles of Posture and Flexibility	Tue	9:00am	9:50am	2/23	6/8	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41986	MOX09	Principles of Progressive Resistance	Tue	9:00am	9:50am	2/23	6/8	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41987	MOX09	Principles of Progressive Resistance	Tue	10:00am	10:50am	2/23	6/8	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41870	MOX01	Healthy Aging	Tue	10:00am	10:50am	2/23	6/8	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
41984	MOX04	Principles of Posture and Flexibility	Tue	10:00am	10:50am	2/23	6/8	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
41996	MOX11	Fall Prevention, Balance and Mobility	Tue	11:00am	11:50am	2/23	6/8	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous
43142	MOX08	Principles of Self-Defense	Tue	12:00pm	12:50pm	2/23	6/8	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous
42011	BHTH2	Brain Health 2	Tue	1:00pm	3:35pm	2/23	6/8	Shelby White-Tremazi swhite@mtsac.edu	Asynch **Zoom 1-2:30pm**
41848	FN	Food and Nutrition	Tue	2:45pm	4:10pm	2/23	6/8	Miranda Zhan gzhan3@mtsac.edu	ONLINE - Synchronous
41974	MOX04	Principles of Posture and Flexibility	TTh	6:30pm	7:50pm	2/23	6/10	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous

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Online Classes

Spring 2027 - Wednesday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
41874	MOX01	Healthy Aging	Wed	7:15am	8:25am	2/24	6/9	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
41867	MOX01	Healthy Aging	Wed	7:45am	8:50am	2/24	6/9	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
41862	MOX01	Healthy Aging	Wed	8:00am	8:50am	2/24	6/9	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41977	MOX04	Principles of Posture and Flexibility	Wed	8:30am	9:55am	2/24	6/9	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41863	MOX01	Healthy Aging	Wed	9:00am	9:50am	2/24	6/9	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41854	FNA32	Drawing-Beginning Through Advanced	Wed	9:00am	11:30am	2/24	6/9	Kelly Conte kconte@mtsac.edu	ONLINE - Synchronous
42009	BHTH1	Brain Health 1	Wed	9:00am	11:20am	2/24	6/9	Kimberly SantaBarbara ksantabarbara@mtsac.edu	Asynch **Zoom 9-10:30am**
41871	MOX01	Healthy Aging	Wed	9:00am	9:50am	2/24	6/9	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
41997	MOX11	Fall Prevention, Balance and Mobility	Wed	10:00am	11:25am	2/24	6/9	Elizabeth White ewhite31@mtsac.edu	ONLINE - Synchronous
41993	MOX11	Fall Prevention, Balance and Mobility	Wed	10:00am	11:25am	2/24	6/9	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41983	MOX04	Principles of Posture and Flexibility	Wed	11:30am	12:55pm	2/24	6/9	Kimberly SantaBarbara ksantabarbara@mtsac.edu	ONLINE - Synchronous

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Contact us at: email: **eoa@mtsac.edu** phone: **(909) 274-4192**

**This is an impacted class. There is a specific date to register. See page 4 for more information.*

Enroll in tuition-free college classes for older adults!

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Register online at www.mtsac.edu/eoa or register in-person with the professor.

Online Classes

Spring 2027 - Thursday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
41981	MOX04	Principles of Posture and Flexibility	Thu	7:15am	8:25am	2/25	6/10	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous
41864	MOX01	Healthy Aging	Thu	8:00am	8:50am	2/25	6/10	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41973	MOX04	Principles of Posture and Flexibility	Thu	9:00am	9:50am	2/25	6/10	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
41988	MOX09	Principles of Progressive Resistance	Thu	9:00am	9:50am	2/25	6/10	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41971	MOX02	Principles of Slow Movement	Thu	9:00am	9:50am	2/25	6/10	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
41989	MOX09	Principles of Progressive Resistance	Thu	10:00am	10:50am	2/25	6/10	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41872	MOX01	Healthy Aging	Thu	10:00am	10:50am	2/25	6/10	Leslie Hunnicutt lhunnicutt@mtsac.edu	ONLINE - Synchronous
41865	MOX01	Healthy Aging	Thu	11:00am	11:50am	2/25	6/10	Candice Castro ccastro@mtsac.edu	ONLINE - Synchronous
42003	LS	Writing Your Life Story	Thu	1:00pm	3:35pm	2/25	6/10	Marisa Fierro mfierro10@mtsac.edu	Asynch **Zoom 1-2:30pm**

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Online Classes

Spring 2027 - Friday & Saturday Classes

CRN	Course	Class Title	Day	Start Time	End Time	Start Date	End Date	Professor & Email	Modality
41985	MOX09	Principles of Progressive Resistance	Fri	7:15am	8:20am	2/26	6/11	Kenzie Barnes mbarnes35@mtsac.edu	ONLINE - Synchronous
41868	MOX01	Healthy Aging	Fri	7:45am	8:50am	2/26	6/11	Danelle Cole dcole18@mtsac.edu	ONLINE - Synchronous
41978	MOX04	Principles of Posture and Flexibility	Fri	8:30am	9:55am	2/26	6/11	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41876	MOX01	Healthy Aging	Fri	9:00am	10:35am	2/26	6/11	Shelby White-Tremazi swhite@mtsac.edu	ONLINE - Synchronous
41994	MOX11	Fall Prevention, Balance and Mobility	Fri	10:00am	11:25am	2/26	6/11	Gabriela Klein gklein@mtsac.edu	ONLINE - Synchronous
41975	MOX04	Principles of Posture and Flexibility	Fri	11:30am	12:55pm	2/26	6/11	Raea Figueroa-Darby adarby1@mtsac.edu	ONLINE - Synchronous
41859	MBH	Music and Brain Health	Fri	1:00pm	3:10pm	2/26	6/11	Jinette Martinez jmartinez1063@mtsac.edu	ONLINE - Synchronous
41875	MOX01	Healthy Aging	Sat	8:00am	9:50am	2/27	6/12	Jeremy Tan jtan9@mtsac.edu	ONLINE - Synchronous

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Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Digital Media Specialist, Microenterprise, Regenerative Communities, and/or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

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SCHOOL OF CONTINUING EDUCATION
STUDENT ONLINE SUPPORT

SCE SOS

Our Student Online Support program provides noncredit students with LIVE, one-on-one assistance with online/technology support to help you navigate, access, and succeed in your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Canvas
- Mountie Mail
- Zoom
- Noncredit Application
- And much more!

FALL 2026 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday: 8:30am-4pm

FALL 2026 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 40, Rm 125)
Wednesday: 9am- 1pm (Bldg 30, Rm 111)
Thursday: 9am- 1pm (Bldg 66, Rm 130)

HOW TO CONTACT US:

ZOOM: bit.ly/4fcBSDZ
- Scan QR code to join

CALL: (909) 274-6100

EMAIL: sce@mtsac.edu

FOLLOW: On Instagram!
- Scan QR code to join

WEB: bit.ly/3VCj6z0

Semester Dates

Fall 2026

Registration Begins: May 6, 2026
Classes Begin: August 24, 2026
Classes End: December 20, 2026
Holidays: September 7, November 11, November 26, November 27

**No classes from December 21, 2026 – January 3, 2027*

Winter 2027

Registration Begins: November 12, 2026
Classes Begin: January 4, 2027
Classes End: February 11, 2027
Holidays: January 18

**No classes from February 15 – February 21, 2027*

Spring 2027

Registration Begins: November 12, 2026
Classes Begin: February 22, 2027
Classes End: June 13, 2027
Holidays: March 31, May 31

Education for Older Adults | 1100 N. Grand Ave., Walnut, CA 91789
909-274-4192 | eoa@mtsac.edu