

CREAMY VEGGIE DIP

Serves 15-20 snack sizes

INGREDIENTS

- 2 bell peppers, de-seeded & quartered
- 1 zucchini, quartered
- 1 fennel bulb or leek, quartered
- 2 Tbls. avocado oil
- 2 Tbls. nutritional yeast
- Sea salt & pepper
- 8oz package of Greek cream cheese
- Optional flavor enhancers: smoked paprika, cumin, chili flakes, Green Goddess seasoning, balsamic vinegar
- Dippers: cucumbers, mini bell peppers, high fiber crackers, jicama, pork rinds



INSTRUCTIONS

1. Preheat oven to 425F.
2. Toss veggies with oil, nutritional yeast & seasonings. Roast for 20-25 minutes.
3. Let cool then add to food processor with Greek cream cheese and blend until pureed.
4. Serve with dippers.